

Individual Meet Results

Senior Distance Meet 15-Jan-11 SC Meters

Location: Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Elizabeth Aldrich (13) F					
5:37.40S	F # 1B	Female 13-13 400 IM	2	---	-7.47
	35.91	1:19.07 2:05.39 2:49.11			
	(35.91)	(43.16) (46.32) (43.72)			
		3:38.73 4:26.91 5:03.47 5:37.40			
		(49.62) (48.18) (36.56) (33.93)			
2:54.00S	F # 5B	Female 13-13 200 Fly	1	---	-19.23
	37.22	1:20.37 2:07.68 2:54.00			
	(37.22)	(43.15) (47.31) (46.32)			
2:28.11S	F # 7B	Female 13-13 200 Free	2	---	2.03
	35.52	1:12.38 1:50.54 2:28.11			
	(35.52)	(36.86) (38.16) (37.57)			
3:17.28S	F # 9B	Female 13-13 200 Breast	2	---	---
	44.32	1:35.49 2:26.91 3:17.28			
	(44.32)	(51.17) (51.42) (50.37)			
Katherine Aldrich (17) F					
2:48.91S	F # 3F	Female 17-19 200 Back	2	---	13.54
	39.56	1:22.95 2:07.07 2:48.91			
	(39.56)	(43.39) (44.12) (41.84)			
2:29.06S	F # 7F	Female 17-19 200 Free	3	---	9.23
	33.54	1:10.66 1:49.51 2:29.06			
	(33.54)	(37.12) (38.85) (39.55)			
11:17.18S	F # 11K	Female 17-19 800 Free	3	---	6.19
	37.62	1:18.66 2:00.42 2:42.12			
	(37.62)	(41.04) (41.76) (41.70)			
		3:23.95 4:05.74 4:47.87 5:30.00			
		(41.83) (41.79) (42.13) (42.13)			
		6:12.07 6:55.44 7:38.48 8:22.85			
		9:07.59 9:50.46 10:35.82 11:17.18			
		(42.07) (43.37) (43.04) (44.37)			
		(44.74) (42.87) (45.36) (41.36)			
Katherine Berg (14) F					
3:17.00S	F # 3C	Female 14-14 200 Back	4	---	-13.02
	45.20	1:35.14 2:26.63 3:17.00			
	(45.20)	(49.94) (51.49) (50.37)			
2:45.18S	F # 7C	Female 14-14 200 Free	3	---	-5.60
	37.69	1:19.82 2:03.21 2:45.18			
	(37.69)	(42.13) (43.39) (41.97)			
Kathleen Bolton (16) F					
6:01.35S	F # 1E	Female 16-16 400 IM	2	---	14.69
	40.60	1:27.99 2:16.04 3:02.86			
	(40.60)	(47.39) (48.05) (46.82)			
		3:51.06 4:40.97 5:21.27 6:01.35			
		(48.20) (49.91) (40.30) (40.08)			
2:57.59S	F # 3E	Female 16-16 200 Back	3	---	-1.99
	43.13	1:27.86 2:12.82 2:57.59			
	(43.13)	(44.73) (44.96) (44.77)			
2:30.27S	F # 7E	Female 16-16 200 Free	1	---	5.34
	35.25	1:14.12 1:52.52 2:30.27			
	(35.25)	(38.87) (38.40) (37.75)			
3:05.94S	F # 9E	Female 16-16 200 Breast	2	---	6.54
	41.43	1:29.13 2:18.18 3:05.94			
	(41.43)	(47.70) (49.05) (47.76)			

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Time	F/P/S	Event	Place	Points	Improv
20:05.29S	F # 13I	Female 16-16 1500 Free	1	---	-50.40
	43.73	1:16.62 1:56.51	3:14.28	3:53.79	4:29.40 5:13.04
	(43.73)	(32.89) (39.89) (116.51)	(3:14.28)	(39.51)	(35.61) (43.64)
	5:53.00	7:13.65 7:54.35	8:34.95	9:16.11	9:56.93 10:37.62
	(39.96)	(353.00) (7:13.65) (40.70)	(40.60)	(41.16)	(40.82) (40.69)
	11:15.17	11:59.50 12:28.43	13:21.52	14:21.76	15:25.06 16:06.15
	(37.55)	(44.33) (28.93) (53.09)	(801.52)	(14:21.76)	(1:03.30) (41.09)
	16:46.26	17:26.92 18:06.66	18:27.39	19:26.58	20:05.29
	(40.11)	(40.66) (39.74) (20.73)	(59.19)	(38.71)	
Matthew Bolton (18) M					
5:31.80S	F # 2F	Male 17-19 400 IM	2	---	4.25
	36.72	1:21.40 2:03.41	2:44.02	3:30.99	4:17.79 4:55.91 5:31.80
	(36.72)	(44.68) (42.01) (40.61)	(46.97)	(46.80)	(38.12) (35.89)
2:36.52S	F # 4F	Male 17-19 200 Back	2	---	6.84
	37.48	1:17.45 1:57.13	2:36.52		
	(37.48)	(39.97) (39.68) (39.39)			
2:18.90S	F # 8F	Male 17-19 200 Free	2	---	-0.85
		1:07.44 1:44.15	2:18.90		
	(0.00)	(1:07.44) (36.71) (34.75)			
2:51.43S	F # 10F	Male 17-19 200 Breast	2	---	-1.19
	40.23	1:25.11 2:09.21	2:51.43		
	(40.23)	(44.88) (44.10) (42.22)			
9:40.19S	F # 11L	Male 17-19 800 Free	1	---	---
	33.33	1:09.53 1:46.87	2:24.22	3:01.74	3:38.95 4:16.52 4:53.74
	(33.33)	(36.20) (37.34) (37.35)	(37.52)	(37.21)	(37.57) (37.22)
	5:30.47	6:08.03 6:44.71	7:21.34	7:56.87	8:32.78 9:07.53 9:40.19
	(36.73)	(37.56) (36.68) (36.63)	(35.53)	(35.91)	(34.75) (32.66)
Zachary Bonte (13) M					
2:52.58S	F # 4B	Male 13-13 200 Back	1	---	-10.49
	41.15	1:25.59 2:09.80	2:52.58		
	(41.15)	(44.44) (44.21) (42.78)			
2:33.63S	F # 8B	Male 13-13 200 Free	1	---	-14.19
	35.51		2:33.63		
	(35.51)	(35.51) (0.00) (2:33.63)			
3:24.19S	F # 10B	Male 13-13 200 Breast	1	---	-23.38
	46.67	1:38.42 2:31.36	3:24.19		
	(46.67)	(51.75) (52.94) (52.83)			
11:01.86S	F # 11D	Male 13-13 800 Free	1	---	---
	36.97	1:18.12 2:00.53	2:42.88	3:25.30	4:07.58 4:49.74 5:31.71
	(36.97)	(41.15) (42.41) (42.35)	(42.42)	(42.28)	(42.16) (41.97)
	6:13.68	6:55.85 7:37.89	8:19.47	9:00.97	9:42.26 10:23.36 11:01.86
	(41.97)	(42.17) (42.04) (41.58)	(41.50)	(41.29)	(41.10) (38.50)
Matteo Broketa (12) M					
NS	F # 4A	Male 11-12 200 Back	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
NS	F # 8A	Male 11-12 200 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			

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Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Haley Charest (16) F					
6:25.25S	F # 1E	Female 16-16 400 IM	4	---	-18.38
	45.24	1:39.88 2:29.49 3:18.93			
	(45.24)	(54.64) (49.61) (49.44)			
		4:10.68 5:02.65 5:45.37 6:25.25			
		(51.75) (51.97) (42.72) (39.88)			
3:10.19S	F # 3E	Female 16-16 200 Back	4	---	---
	45.82	1:33.05 2:21.51 3:10.19			
	(45.82)	(47.23) (48.46) (48.68)			
2:41.01S	F # 7E	Female 16-16 200 Free	3	---	2.42
	38.54	1:19.88 2:00.76 2:41.01			
	(38.54)	(41.34) (40.88) (40.25)			
3:24.61S	F # 9E	Female 16-16 200 Breast	3	---	-1.31
	46.53	1:38.18 2:31.45 3:24.61			
	(46.53)	(51.65) (53.27) (53.16)			
Elisa Chen (12) F					
3:41.82S	F # 3A	Female 11-12 200 Back	7	---	---
		1:50.73 3:41.82			
	(0.00)	(1:50.73) (110.73) (3:41.82)			
3:43.60S	F # 7A	Female 11-12 200 Free	9	---	---
	49.55	2:49.85 3:43.60			
	(49.55)	(49.55) (2:49.85) (53.75)			
Sophia Coffey (13) F					
3:19.63S DQ	F # 3B	Female 13-13 200 Back	---	---	---
		3:19.63			
	(0.00)	(0.00) (0.00) (3:19.63)			
3:03.80S	F # 7B	Female 13-13 200 Free	3	---	13.64
	39.69	3:03.80			
	(39.69)	(39.69) (0.00) (3:03.80)			
Holly Darby (12) F					
3:31.31S	F # 3A	Female 11-12 200 Back	4	---	---
	49.81	1:44.30 2:38.84 3:31.31			
	(49.81)	(54.49) (54.54) (52.47)			
3:02.53S	F # 7A	Female 11-12 200 Free	6	---	-5.46
	42.94	1:30.17 2:17.10 3:02.53			
	(42.94)	(47.23) (46.93) (45.43)			
4:11.49S	F # 9A	Female 11-12 200 Breast	6	---	---
	57.83	2:02.85 3:06.99 4:11.49			
	(57.83)	(1:05.02) (1:04.14) (1:04.50)			
Mary Darby (14) F					
2:55.46S	F # 3C	Female 14-14 200 Back	2	---	---
	41.93	1:26.56 2:10.93 2:55.46			
	(41.93)	(44.63) (44.37) (44.53)			
2:37.14S	F # 7C	Female 14-14 200 Free	1	---	---
	37.64	1:18.63 1:57.53 2:37.14			
	(37.64)	(40.99) (38.90) (39.61)			
3:41.13S	F # 9C	Female 14-14 200 Breast	2	---	---
	50.02	1:48.17 2:45.62 3:41.13			
	(50.02)	(58.15) (57.45) (55.51)			

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Time	F/P/S	Event	Place	Points	Improv
11:22.34S	F # 11E	Female 14-14 800 Free	1	---	---
	38.47	1:20.97 2:04.09 2:47.35		3:30.57 4:14.29 4:57.65 5:40.88	
	(38.47)	(42.50) (43.12) (43.26)		(43.22) (43.72) (43.36) (43.23)	
	6:23.90	7:07.22 7:50.03 8:33.64		9:16.94 9:59.87 10:41.66 11:22.34	
	(43.02)	(43.32) (42.81) (43.61)		(43.30) (42.93) (41.79) (40.68)	
Linda Delahunty (16) F					
NS	F # 3E	Female 16-16 200 Back	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
NS	F # 7E	Female 16-16 200 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
NS	F # 9E	Female 16-16 200 Breast	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
Jillian Deland (12) F					
3:24.55S	F # 3A	Female 11-12 200 Back	3	---	---
	47.93	1:40.12 2:32.31 3:24.55			
	(47.93)	(52.19) (52.19) (52.24)			
3:01.36S	F # 7A	Female 11-12 200 Free	5	---	-5.54
	40.68	1:27.52 2:16.11 3:01.36			
	(40.68)	(46.84) (48.59) (45.25)			
3:46.59S	F # 9A	Female 11-12 200 Breast	2	---	---
	52.71	1:51.85 2:52.27 3:46.59			
	(52.71)	(59.14) (1:00.42) (54.32)			
Christina Denbow (16) F					
5:37.09S	F # 1E	Female 16-16 400 IM	1	---	2.27
	36.67	1:17.74 2:04.97 2:50.97		3:36.25 4:22.25 5:00.81 5:37.09	
	(36.67)	(41.07) (47.23) (46.00)		(45.28) (46.00) (38.56) (36.28)	
2:55.11S	F # 3E	Female 16-16 200 Back	2	---	-2.54
	42.23	1:26.49 2:11.24 2:55.11			
	(42.23)	(44.26) (44.75) (43.87)			
2:32.46S	F # 7E	Female 16-16 200 Free	2	---	10.82
	36.04	1:14.57 1:53.58 2:32.46			
	(36.04)	(38.53) (39.01) (38.88)			
2:53.38S	F # 9E	Female 16-16 200 Breast	1	---	-1.32
	39.33	1:23.30 2:08.10 2:53.38			
	(39.33)	(43.97) (44.80) (45.28)			
20:05.40S	F # 13I	Female 16-16 1500 Free	2	---	34.81
	36.62	1:16.47 1:56.64 2:36.73		3:16.83 3:56.57 4:36.39 5:16.36	
	(36.62)	(39.85) (40.17) (40.09)		(40.10) (39.74) (39.82) (39.97)	
	5:56.64	6:37.20 7:17.83 7:58.41		8:39.19 9:19.90 10:00.42 10:41.18	
	(40.28)	(40.56) (40.63) (40.58)		(40.78) (40.71) (40.52) (40.76)	
	11:21.93	12:02.52 12:43.19 13:23.98		14:04.70 14:45.32 15:26.11 16:06.92	
	(40.75)	(40.59) (40.67) (40.79)		(40.72) (40.62) (40.79) (40.81)	
	16:47.82	17:28.35 18:09.19 18:49.69		19:28.92 20:05.40	
	(40.90)	(40.53) (40.84) (40.50)		(39.23) (36.48)	
Zachary Denbow (11) M					
3:01.26S	F # 4A	Male 11-12 200 Back	1	---	---
	43.29	1:29.62 2:16.29 3:01.26			
	(43.29)	(46.33) (46.67) (44.97)			

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Time	F/P/S	Event	Place	Points	Improv
2:29.90S	F # 8A	Male 11-12 200 Free	1	---	-9.93
	35.01	1:14.01 1:53.48 2:29.90			
	(35.01)	(39.00) (39.47) (36.42)			
3:16.49S	F # 10A	Male 11-12 200 Breast	1	---	-18.41
	44.81	1:36.06 2:26.36 3:16.49			
	(44.81)	(51.25) (50.30) (50.13)			
10:46.58S	F # 11B	Male 11-12 800 Free	1	---	---
	37.27	1:17.60 1:58.19 2:38.81 3:19.79 4:00.67 4:41.60 5:23.01			
	(37.27)	(40.33) (40.59) (40.62) (40.98) (40.88) (40.93) (41.41)			
	6:04.56	6:45.85 7:27.36 8:08.10 8:49.25 9:29.87 10:09.92 10:46.58			
	(41.55)	(41.29) (41.51) (40.74) (41.15) (40.62) (40.05) (36.66)			
Katherine Donovan (17) F					
6:14.15S	F # 1F	Female 17-19 400 IM	3	---	19.22
	38.68	1:24.66 2:12.79 3:00.26 3:55.07 4:49.72 5:32.16 6:14.15			
	(38.68)	(45.98) (48.13) (47.47) (54.81) (54.65) (42.44) (41.99)			
2:32.72S	F # 7F	Female 17-19 200 Free	5	---	5.83
	34.96	1:13.50 1:53.04 2:32.72			
	(34.96)	(38.54) (39.54) (39.68)			
21:11.83S	F # 13K	Female 17-19 1500 Free	2	---	66.88
	36.62	1:17.78 1:59.31 2:41.36 3:23.48 4:05.55 4:47.94 5:30.37			
	(36.62)	(41.16) (41.53) (42.05) (42.12) (42.07) (42.39) (42.43)			
	6:12.65	6:55.48 7:38.38 8:21.09 9:04.43 9:48.02 10:31.41 11:14.63			
	(42.28)	(42.83) (42.90) (42.71) (43.34) (43.59) (43.39) (43.22)			
	11:57.82	12:41.30 13:24.37 14:07.38 14:49.63 15:32.47 16:15.64 16:59.10			
	(43.19)	(43.48) (43.07) (43.01) (42.25) (42.84) (43.17) (43.46)			
	17:41.65	18:24.69 19:07.50 19:49.37 20:30.60 21:11.83			
	(42.55)	(43.04) (42.81) (41.87) (41.23) (41.23)			
Kelsey Ewing (17) F					
5:22.54S	F # 1F	Female 17-19 400 IM	1	---	-0.24
	34.64	1:15.43 1:55.10 2:35.34 3:21.68 4:09.12 4:46.31 5:22.54			
	(34.64)	(40.79) (39.67) (40.24) (46.34) (47.44) (37.19) (36.23)			
2:36.71S	F # 3F	Female 17-19 200 Back	1	---	-6.99
	37.33	1:16.28 1:56.01 2:36.71			
	(37.33)	(38.95) (39.73) (40.70)			
2:20.25S	F # 7F	Female 17-19 200 Free	1	---	5.18
	33.03	1:08.70 1:44.67 2:20.25			
	(33.03)	(35.67) (35.97) (35.58)			
18:40.92S	F # 13K	Female 17-19 1500 Free	1	---	-53.20
	33.88	1:11.13 1:48.90 2:26.59 3:03.97 3:41.62 4:19.13 4:57.43			
	(33.88)	(37.25) (37.77) (37.69) (37.38) (37.65) (37.51) (38.30)			
	5:35.69	6:14.00 6:51.98 7:30.25 8:08.03 8:46.05 9:23.80 10:01.50			
	(38.26)	(38.31) (37.98) (38.27) (37.78) (38.02) (37.75) (37.70)			
	10:39.37	11:17.03 11:54.54 12:31.65 13:08.95 13:45.88 14:23.37 15:00.48			
	(37.87)	(37.66) (37.51) (37.11) (37.30) (36.93) (37.49) (37.11)			
	15:37.72	16:14.82 16:51.26 17:28.16 18:04.83 18:40.92			
	(37.24)	(37.10) (36.44) (36.90) (36.67) (36.09)			

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Time	F/P/S	Event	Place	Points	Improv
Syrena Falkengren (15) F					
3:20.40S	F # 3D	Female 15-15 200 Back	5	---	---
	45.84	1:35.09 2:27.08 3:20.40			
	(45.84)	(49.25) (51.99) (53.32)			
2:49.43S	F # 7D	Female 15-15 200 Free	5	---	---
	40.12	1:23.51 2:07.99 2:49.43			
	(40.12)	(43.39) (44.48) (41.44)			
3:53.45S	F # 9D	Female 15-15 200 Breast	4	---	---
	54.56	1:53.86 2:54.61 3:53.45			
	(54.56)	(59.30) (1:00.75) (58.84)			
Kathleen Golding (10) F					
2:54.52S	F # 3	Female 11-19 200 Back	4	---	---
	41.46	1:26.06 2:11.63 2:54.52			
	(41.46)	(44.60) (45.57) (42.89)			
2:29.77S	F # 7	Female 11-19 200 Free	4	---	-15.08
	34.57	1:13.21 1:52.83 2:29.77			
	(34.57)	(38.64) (39.62) (36.94)			
3:21.36S	F # 9	Female 11-19 200 Breast	2	---	---
	46.56	1:38.03 2:30.54 3:21.36			
	(46.56)	(51.47) (52.51) (50.82)			
10:48.84S	F # 11	Mixed 11-19 800 Free	1	---	---
	36.83	1:17.26 1:58.88 2:40.10 3:21.73 4:03.18 4:44.58 5:26.29			
	(36.83)	(40.43) (41.62) (41.22) (41.63) (41.45) (41.40) (41.71)			
	6:08.40	6:49.84 7:30.90 8:11.97 8:52.49 9:32.05 10:10.55 10:48.84			
	(42.11)	(41.44) (41.06) (41.07) (40.52) (39.56) (38.50) (38.29)			
Caleb Grimmatt (13) M					
4:44.23S	F # 4B	Male 13-13 200 Back	3	---	---
	1:03.47	2:14.13 3:30.20 4:44.23			
	(1:03.47)	(1:10.66) (1:16.07) (1:14.03)			
4:04.76S	F # 8B	Male 13-13 200 Free	3	---	---
	50.39	1:55.01 3:02.32 4:04.76			
	(50.39)	(1:04.62) (1:07.31) (1:02.44)			
Zachary Grimmatt (15) M					
5:38.24S	F # 2D	Male 15-15 400 IM	2	---	-5.38
	33.25	1:12.77 1:59.31 2:43.35 3:32.18 4:22.50 5:00.70 5:38.24			
	(33.25)	(39.52) (46.54) (44.04) (48.83) (50.32) (38.20) (37.54)			
2:47.26S DQ	F # 4D	Male 15-15 200 Back	---	---	---
	39.20	1:22.01 2:05.27 2:47.26			
	(39.20)	(42.81) (43.26) (41.99)			
2:20.12S	F # 8D	Male 15-15 200 Free	2	---	4.79
	32.00	1:07.45 1:44.29 2:20.12			
	(32.00)	(35.45) (36.84) (35.83)			
3:10.64S	F # 10D	Male 15-15 200 Breast	1	---	---
	41.98	1:30.32 2:20.51 3:10.64			
	(41.98)	(48.34) (50.19) (50.13)			

Individual Meet Results

Senior Distance Meet 15-Jan-11 SC Meters

Location: Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
19:18.87S	F # 13H	Male 15-15 1500 Free	1	---	---
	33.64	1:11.71 1:50.92 2:29.96 3:09.41 3:48.56 4:27.90 5:07.88			
	(33.64)	(38.07) (39.21) (39.04) (39.45) (39.15) (39.34) (39.98)			
	5:47.48	6:26.62 7:05.59 7:44.00 8:23.07 9:01.20 9:39.74 10:18.65			
	(39.60)	(39.14) (38.97) (38.41) (39.07) (38.13) (38.54) (38.91)			
	10:57.81	11:36.18 12:13.37 12:51.86 13:30.88 14:09.80 14:49.04 15:28.04			
	(39.16)	(38.37) (37.19) (38.49) (39.02) (38.92) (39.24) (39.00)			
	16:06.67	16:45.34 17:24.23 18:03.37 18:41.69 19:18.87			
	(38.63)	(38.67) (38.89) (39.14) (38.32) (37.18)			
Cole Hogg (16) M					
5:06.21S DQ	F # 2E	Male 16-16 400 IM	---	---	---
	32.31	1:09.42 1:49.13 2:28.25 3:13.86 4:00.33 4:34.02 5:06.21			
	(32.31)	(37.11) (39.71) (39.12) (45.61) (46.47) (33.69) (32.19)			
2:20.53S	F # 6E	Male 16-16 200 Fly	1	---	-2.22
	31.17	1:05.98 1:43.10 2:20.53			
	(31.17)	(34.81) (37.12) (37.43)			
2:08.01S	F # 8E	Male 16-16 200 Free	2	---	2.92
	29.91	1:02.31 1:36.48 2:08.01			
	(29.91)	(32.40) (34.17) (31.53)			
18:14.54S	F # 13J	Male 16-16 1500 Free	1	---	37.44
	32.15	1:07.82 1:43.91 2:20.24 2:56.40 3:32.81 4:09.76 4:46.32			
	(32.15)	(35.67) (36.09) (36.33) (36.16) (36.41) (36.95) (36.56)			
	5:23.76	6:01.31 6:38.78 7:16.32 7:54.08 8:31.31 9:08.34 9:45.19			
	(37.44)	(37.55) (37.47) (37.54) (37.76) (37.23) (37.03) (36.85)			
	10:22.14	10:59.12 11:35.75 12:12.49 12:48.99 13:26.16 14:03.14 14:39.57			
	(36.95)	(36.98) (36.63) (36.74) (36.50) (37.17) (36.98) (36.43)			
	15:16.09	15:52.68 16:28.78 17:04.82 17:40.16 18:14.54			
	(36.52)	(36.59) (36.10) (36.04) (35.34) (34.38)			
Antony Hubbard (15) M					
5:25.74S	F # 2D	Male 15-15 400 IM	1	---	7.06
	31.24	1:07.99 1:48.70 2:29.70 3:20.14 4:11.36 4:48.21 5:25.74			
	(31.24)	(36.75) (40.71) (41.00) (50.44) (51.22) (36.85) (37.53)			
2:27.22S	F # 4D	Male 15-15 200 Back	1	---	---
	34.46	1:10.95 1:49.41 2:27.22			
	(34.46)	(36.49) (38.46) (37.81)			
2:09.49S	F # 8D	Male 15-15 200 Free	1	---	---
	30.43	1:03.85 1:37.15 2:09.49			
	(30.43)	(33.42) (33.30) (32.34)			
9:40.46S	F # 11H	Male 15-15 800 Free	1	---	---
	32.76	1:09.39 1:46.51 2:23.37 3:00.63 3:37.96 4:16.15 4:53.70			
	(32.76)	(36.63) (37.12) (36.86) (37.26) (37.33) (38.19) (37.55)			
	5:30.38	6:07.92 6:44.37 7:21.40 7:58.26 8:34.19 9:08.31 9:40.46			
	(36.68)	(37.54) (36.45) (37.03) (36.86) (35.93) (34.12) (32.15)			
Kathleen Jenkins (10) F					
2:54.76S	F # 3	Female 11-19 200 Back	5	---	---
	40.28	1:25.27 2:10.55 2:54.76			
	(40.28)	(44.99) (45.28) (44.21)			

Individual Meet Results

Senior Distance Meet 15-Jan-11 SC Meters

Location: Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
3:20.61S	F # 5	Female 11-19 200 Fly	1	---	---
	42.11	1:35.17 2:29.24 3:20.61			
	(42.11)	(53.06) (54.07) (51.37)			
2:49.41S	F # 7	Female 11-19 200 Free	6	---	-2.73
	37.74	1:21.17 2:06.11 2:49.41			
	(37.74)	(43.43) (44.94) (43.30)			
12:04.97S	F # 11	Mixed 11-19 800 Free	4	---	---
Robert Jenkins (16) M					
5:55.03S	F # 2E	Male 16-16 400 IM	2	---	-6.77
	35.55	1:17.05 2:02.89 2:47.56 3:39.33 4:32.38 5:14.29 5:55.03			
	(35.55)	(41.50) (45.84) (44.67) (51.77) (53.05) (41.91) (40.74)			
2:46.42S	F # 4E	Male 16-16 200 Back	1	---	-22.59
	38.80	1:21.26 2:04.28 2:46.42			
	(38.80)	(42.46) (43.02) (42.14)			
2:58.72S	F # 6E	Male 16-16 200 Fly	3	---	2.50
	37.46	1:20.95 2:10.95 2:58.72			
	(37.46)	(43.49) (50.00) (47.77)			
2:29.17S	F # 8E	Male 16-16 200 Free	3	---	0.37
	33.76	1:13.17 1:53.18 2:29.17			
	(33.76)	(39.41) (40.01) (35.99)			
10:43.67S	F # 11J	Male 16-16 800 Free	1	---	-130.07
	35.68	1:16.05 1:56.75 2:37.61 3:18.03 3:58.99 4:39.94 5:21.39			
	(35.68)	(40.37) (40.70) (40.86) (40.42) (40.96) (40.95) (41.45)			
	6:02.74	7:24.62 8:04.86 8:45.96 9:26.75 10:07.55 10:43.67			
	(41.35)	(362.74) (7:24.62) (40.24) (41.10) (40.79) (40.80) (36.12)			
Kathleen Lamontagne (17) F					
6:05.65S	F # 1F	Female 17-19 400 IM	2	---	-0.63
	42.70	1:30.18 2:16.75 3:01.57 3:53.46 4:45.64 5:26.46 6:05.65			
	(42.70)	(47.48) (46.57) (44.82) (51.89) (52.18) (40.82) (39.19)			
2:51.85S	F # 3F	Female 17-19 200 Back	3	---	-4.94
	41.16	1:24.48 2:06.24 2:51.85			
	(41.16)	(43.32) (41.76) (45.61)			
2:28.52S	F # 7F	Female 17-19 200 Free	2	---	2.33
	33.94	1:12.02 1:50.95 2:28.52			
	(33.94)	(38.08) (38.93) (37.57)			
3:19.60S	F # 9F	Female 17-19 200 Breast	1	---	-5.54
		1:37.46 2:26.04 3:19.60			
	(0.00)	(1:37.46) (48.58) (53.56)			
10:59.51S	F # 11K	Female 17-19 800 Free	2	---	---
	37.57	1:19.20 2:01.15 2:42.68 3:24.39 4:06.17 4:47.93 5:29.87			
	(37.57)	(41.63) (41.95) (41.53) (41.71) (41.78) (41.76) (41.94)			
	6:11.89	6:53.84 7:35.28 8:16.98 8:58.55 9:40.09 10:20.71 10:59.51			
	(42.02)	(41.95) (41.44) (41.70) (41.57) (41.54) (40.62) (38.80)			
Ashley Martin (12) F					
3:07.28S	F # 3A	Female 11-12 200 Back	1	---	---
	43.16	1:32.45 2:22.03 3:07.28			
	(43.16)	(49.29) (49.58) (45.25)			

Individual Meet Results

Senior Distance Meet 15-Jan-11 SC Meters

Location: Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:58.78S	F # 7A	Female 11-12 200 Free	4	---	-2.85
	39.04	1:26.81 2:14.59 2:58.78			
	(39.04)	(47.77) (47.78) (44.19)			
3:56.99S DQ	F # 9A	Female 11-12 200 Breast	---	---	---
	51.47	1:51.54 2:54.29 3:56.99			
	(51.47)	(1:00.07) (1:02.75) (1:02.70)			
12:36.47S	F # 11A	Female 11-12 800 Free	3	---	---
Jennifer McDonald (7) F					
1:20.00S	F # 15A	Female 10 & Under 50 Free	1	---	---
Patrick McDonald (7) M					
1:08.41S	F # 15B	Male 10 & Under 50 Free	1	---	---
Matthew McKee (17) M					
2:54.47S	F # 4F	Male 17-19 200 Back	4	---	-3.57
		1:24.65 1:44.67 2:54.47			
	(0.00)	(1:24.65) (20.02) (1:09.80)			
2:27.01S	F # 8F	Male 17-19 200 Free	4	---	3.00
	32.72	1:09.80 1:48.79 2:27.01			
	(32.72)	(37.08) (38.99) (38.22)			
22:22.49S	F # 13L	Male 17-19 1500 Free	2	---	3.14
	35.14	1:10.31 1:57.07 2:41.02 3:24.53 4:08.91 4:54.13 5:38.67			
	(35.14)	(35.17) (46.76) (43.95) (43.51) (44.38) (45.22) (44.54)			
	6:22.93	7:08.21 7:54.73 8:41.07 9:26.71 10:12.63 10:59.02 11:44.63			
	(44.26)	(45.28) (46.52) (46.34) (45.64) (45.92) (46.39) (45.61)			
	12:31.13	13:17.49 14:03.33 14:49.45 15:23.98 16:22.15 17:08.63 17:54.48			
	(46.50)	(46.36) (45.84) (46.12) (34.53) (58.17) (46.48) (45.85)			
	18:40.36	19:25.52 20:05.14 20:56.96 21:42.32 22:22.49			
	(45.88)	(45.16) (39.62) (51.82) (45.36) (40.17)			
Danielle Morin (15) F					
6:23.66S	F # 1D	Female 15-15 400 IM	1	---	---
	42.88	1:33.32 2:21.77 3:10.60 4:04.53 4:59.58 5:43.05 6:23.66			
	(42.88)	(50.44) (48.45) (48.83) (53.93) (55.05) (43.47) (40.61)			
3:16.96S	F # 3D	Female 15-15 200 Back	4	---	12.86
	44.65	1:35.27 2:26.26 3:16.96			
	(44.65)	(50.62) (50.99) (50.70)			
2:47.18S	F # 7D	Female 15-15 200 Free	4	---	10.92
	37.91	1:20.16 2:03.49 2:47.18			
	(37.91)	(42.25) (43.33) (43.69)			
3:49.26S	F # 9D	Female 15-15 200 Breast	3	---	---
	52.25	1:50.78 2:50.90 3:49.26			
	(52.25)	(58.53) (1:00.12) (58.36)			
Marko Novcic (12) M					
3:07.62S	F # 4A	Male 11-12 200 Back	2	---	---
	43.12	1:30.74 2:19.19 3:07.62			
	(43.12)	(47.62) (48.45) (48.43)			
2:43.51S	F # 8A	Male 11-12 200 Free	2	---	-5.97
	35.90	1:18.33 2:01.92 2:43.51			
	(35.90)	(42.43) (43.59) (41.59)			

Individual Meet Results
Senior Distance Meet 15-Jan-11 SC Meters**Location: Manchester, NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
3:27.58S	F # 10A	Male 11-12 200 Breast	2	---	---
	45.96	1:39.23 2:33.98 3:27.58			
	(45.96)	(53.27) (54.75) (53.60)			
11:39.23S	F # 11B	Male 11-12 800 Free	2	---	---
	37.89	1:20.85 2:03.81 2:48.61 3:32.34 4:17.06 5:02.75 5:47.67			
	(37.89)	(42.96) (42.96) (44.80) (43.73) (44.72) (45.69) (44.92)			
	6:31.46	7:15.83 8:00.88 8:45.44 9:31.14 10:15.20 10:59.00 11:39.23			
	(43.79)	(44.37) (45.05) (44.56) (45.70) (44.06) (43.80) (40.23)			
Lindsey Poremba (15) F					
2:54.27S	F # 3D	Female 15-15 200 Back	3	---	---
	41.11	2:11.67 2:54.27			
	(41.11)	(1:30.56) (131.67) (2:54.27)			
2:37.67S	F # 7D	Female 15-15 200 Free	2	---	-10.84
	36.48	1:16.67 1:58.16 2:37.67			
	(36.48)	(40.19) (41.49) (39.51)			
3:26.41S	F # 9D	Female 15-15 200 Breast	2	---	-9.52
	47.92	1:40.99 2:35.93 3:26.41			
	(47.92)	(53.07) (54.94) (50.48)			
11:33.81S	F # 11G	Female 15-15 800 Free	2	---	---
	39.54	1:22.59 2:06.63 2:49.99 3:33.92 4:18.52 5:02.80 5:47.69			
	(39.54)	(43.05) (44.04) (43.36) (43.93) (44.60) (44.28) (44.89)			
	6:31.45	7:16.09 8:00.23 8:44.55 9:27.82 10:11.39 10:53.58 11:33.81			
	(43.76)	(44.64) (44.14) (44.32) (43.27) (43.57) (42.19) (40.23)			
Megan Poremba (12) F					
3:10.23S	F # 3A	Female 11-12 200 Back	2	---	-8.28
	44.71	1:33.88 2:24.38 3:10.23			
	(44.71)	(49.17) (50.50) (45.85)			
2:50.88S	F # 7A	Female 11-12 200 Free	2	---	-1.26
	37.89	1:22.29 2:07.10 2:50.88			
	(37.89)	(44.40) (44.81) (43.78)			
3:59.28S	F # 9A	Female 11-12 200 Breast	4	---	---
	51.84	1:54.13 2:57.00 3:59.28			
	(51.84)	(1:02.29) (1:02.87) (1:02.28)			
12:13.42S	F # 11A	Female 11-12 800 Free	1	---	---
Alaina Pribis (13) F					
5:37.09S	F # 1B	Female 13-13 400 IM	1	---	-12.85
	37.91	1:22.71 2:06.05 2:48.76 3:36.43 4:23.65 5:01.26 5:37.09			
	(37.91)	(44.80) (43.34) (42.71) (47.67) (47.22) (37.61) (35.83)			
2:44.64S	F # 3B	Female 13-13 200 Back	1	---	-12.64
	39.85	1:21.79 2:04.14 2:44.64			
	(39.85)	(41.94) (42.35) (40.50)			
2:22.42S	F # 7B	Female 13-13 200 Free	1	---	-2.59
	34.07	1:10.29 1:47.08 2:22.42			
	(34.07)	(36.22) (36.79) (35.34)			
3:05.96S	F # 9B	Female 13-13 200 Breast	1	---	-2.98
	43.23	1:31.65 2:20.21 3:05.96			
	(43.23)	(48.42) (48.56) (45.75)			

Individual Meet Results

Senior Distance Meet 15-Jan-11 SC Meters

Location: Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
19:30.53S	F # 13C	Female 13-13 1500 Free	1	---	-26.96
	34.90	1:12.64 1:50.74 2:29.10 3:07.32 3:46.22 4:25.47 5:04.87			
	(34.90)	(37.74) (38.10) (38.36) (38.22) (38.90) (39.25) (39.40)			
	5:44.19	6:23.30 7:02.29 7:41.35 8:20.52 8:59.70 9:38.94 10:17.02			
	(39.32)	(39.11) (38.99) (39.06) (39.17) (39.18) (39.24) (38.08)			
	10:58.99	11:38.64 12:18.68 12:58.94 13:39.07 14:19.15 14:59.33 15:39.40			
	(41.97)	(39.65) (40.04) (40.26) (40.13) (40.08) (40.18) (40.07)			
	16:19.67	16:59.01 17:38.04 18:16.94 18:55.15 19:30.53			
	(40.27)	(39.34) (39.03) (38.90) (38.21) (35.38)			
Carter Pribis (17) M					
5:05.33S	F # 2F	Male 17-19 400 IM	1	---	1.49
	32.92	1:11.98 1:51.54 2:31.01 3:16.70 4:02.07 4:34.64 5:05.33			
	(32.92)	(39.06) (39.56) (39.47) (45.69) (45.37) (32.57) (30.69)			
2:24.21S	F # 4F	Male 17-19 200 Back	1	---	3.35
	34.36	1:10.99 1:47.89 2:24.21			
	(34.36)	(36.63) (36.90) (36.32)			
2:06.24S	F # 8F	Male 17-19 200 Free	1	---	2.00
	29.82	1:02.15 1:34.22 2:06.24			
	(29.82)	(32.33) (32.07) (32.02)			
2:51.39S	F # 10F	Male 17-19 200 Breast	1	---	---
	39.32	1:24.47 2:09.16 2:51.39			
	(39.32)	(45.15) (44.69) (42.23)			
17:41.23S	F # 13L	Male 17-19 1500 Free	1	---	-5.08
	31.93	1:08.15 1:43.85 2:19.71 2:55.13 3:30.38 4:05.83 4:41.07			
	(31.93)	(36.22) (35.70) (35.86) (35.42) (35.25) (35.45) (35.24)			
	5:16.87	5:52.31 6:28.27 7:04.05 7:39.73 8:15.28 8:51.04 9:26.74			
	(35.80)	(35.44) (35.96) (35.78) (35.68) (35.55) (35.76) (35.70)			
	10:02.44	10:38.36 11:14.07 11:50.32 12:25.19 13:00.20 13:35.87 14:10.79			
	(35.70)	(35.92) (35.71) (36.25) (34.87) (35.01) (35.67) (34.92)			
	14:45.80	15:21.08 15:56.48 16:32.14 17:07.03 17:41.23			
	(35.01)	(35.28) (35.40) (35.66) (34.89) (34.20)			
Milan Sandhu (16) M					
5:12.64S	F # 2E	Male 16-16 400 IM	1	---	-4.49
	31.35	1:07.25 1:49.11 2:30.06 3:16.19 4:02.38 4:37.37 5:12.64			
	(31.35)	(35.90) (41.86) (40.95) (46.13) (46.19) (34.99) (35.27)			
2:25.31S	F # 6E	Male 16-16 200 Fly	2	---	-10.83
	31.22	1:06.64 1:45.44 2:25.31			
	(31.22)	(35.42) (38.80) (39.87)			
2:07.90S	F # 8E	Male 16-16 200 Free	1	---	-2.62
	29.65	1:02.04 1:35.75 2:07.90			
	(29.65)	(32.39) (33.71) (32.15)			
Noelle Theodoulou (12) F					
6:12.63S	F # 1A	Female 11-12 400 IM	1	---	---
	38.49	1:23.80 2:12.58 3:00.26 3:54.70 4:50.54 5:32.03 6:12.63			
	(38.49)	(45.31) (48.78) (47.68) (54.44) (55.84) (41.49) (40.60)			
NS	F # 5A	Female 11-12 200 Fly	---	---	---
	(0.00)	(0.00) (0.00) (0.00) (0.00)			

Individual Meet Results

Senior Distance Meet 15-Jan-11 SC Meters

Location: Manchester, NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
2:33.12S	F # 7A	Female 11-12 200 Free	1	---	-7.68
	34.73	1:54.12 2:33.12			
	(34.73)	(34.73) (1:54.12) (39.00)			
Alana Westwater (16) F					
2:45.05S	F # 3E	Female 16-16 200 Back	1	---	---
	37.83	1:19.88 2:02.11 2:45.05			
	(37.83)	(42.05) (42.23) (42.94)			
NS	F # 7E	Female 16-16 200 Free	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
NS	F # 9E	Female 16-16 200 Breast	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
Kaelin Willette (14) F					
2:53.39S	F # 3C	Female 14-14 200 Back	1	---	-1.54
	40.06	1:23.10 2:08.50 2:53.39			
	(40.06)	(43.04) (45.40) (44.89)			
2:40.35S	F # 7C	Female 14-14 200 Free	2	---	3.27
	37.33	1:19.99 2:03.04 2:40.35			
	(37.33)	(42.66) (43.05) (37.31)			
3:21.27S	F # 9C	Female 14-14 200 Breast	1	---	-6.89
	44.87	1:36.12 2:28.91 3:21.27			
	(44.87)	(51.25) (52.79) (52.36)			
11:49.40S	F # 11E	Female 14-14 800 Free	2	---	---
	36.21	1:18.41 2:00.80 2:44.64 3:29.17 4:14.80 5:00.86 5:35.89			
	(36.21)	(42.20) (42.39) (43.84) (44.53) (45.63) (46.06) (35.03)			
	6:31.63	7:00.50 8:03.93 8:49.37 9:36.99 10:22.81 11:49.40			
	(55.74)	(28.87) (1:03.43) (45.44) (47.62) (45.82) (622.81) (11:49.40)			
Olivia Wons (15) F					
2:42.82S	F # 3D	Female 15-15 200 Back	1	---	-1.73
	37.93	1:18.72 2:01.13 2:42.82			
	(37.93)	(40.79) (42.41) (41.69)			
2:26.86S	F # 7D	Female 15-15 200 Free	1	---	3.05
	31.99	1:10.52 1:47.53 2:26.86			
	(31.99)	(38.53) (37.01) (39.33)			
3:15.94S	F # 9D	Female 15-15 200 Breast	1	---	-10.24
	44.53	1:33.33 2:24.76 3:15.94			
	(44.53)	(48.80) (51.43) (51.18)			