

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Elizabeth Aldrich (12) F					
1:20.57S	F # 5A	Female 11-12 100 Fly	1	---	-9.96
	35.83	1:20.57			
	(35.83)	(44.74)			
1:21.65S	F # 11A	Female 11-12 100 Back	1	---	-3.40
	38.68	1:21.65			
	(38.68)	(42.97)			
1:31.35S	F # 17A	Female 11-12 100 Breast	2	---	-12.41
	43.85	1:31.35			
	(43.85)	(47.50)			
1:06.43S	F # 23A	Female 11-12 100 Free	1	---	-1.52
	31.74	1:06.43			
	(31.74)	(34.69)			
5:45.26S	F # 29A	Female 11-12 400 IM	1	---	-17.70
	36.60	1:20.61	2:06.83	2:52.17	3:41.81
	(36.60)	(44.01)	(46.22)	(45.34)	(49.64)
					(50.43)
					(36.84)
					(36.18)
Katherine Aldrich (16) F					
NS	F # 5C	Female 15-16 100 Fly	---	---	---
	(0.00)	(0.00)			
1:15.72S	F # 11C	Female 15-16 100 Back	2	---	5.01
	36.06	1:15.72			
	(36.06)	(39.66)			
1:31.60S	F # 17C	Female 15-16 100 Breast	7	---	0.45
	44.01	1:31.60			
	(44.01)	(47.59)			
1:05.86S	F # 23C	Female 15-16 100 Free	2	---	1.40
	31.44	1:05.86			
	(31.44)	(34.42)			
2:44.49S	F # 27E	Female 15-16 200 IM	1	---	5.00
	35.93	1:17.02	2:08.47	2:44.49	
	(35.93)	(41.09)	(51.45)	(36.02)	
30.83S	F # 31C	Female 15-16 50 Free	4	---	0.70
Ciara April (8) F					
31.85S	F # 1A	Female 8 & Under 25 Fly	2	---	---
25.19S	F # 7A	Female 8 & Under 25 Back	1	---	-7.87
29.75S	F # 13A	Female 8 & Under 25 Breast	1	---	---
24.08S	F # 19A	Female 8 & Under 25 Free	3	---	0.83
2:10.44S	F # 25A	Female 8 & Under 100 IM	4	---	---
	1:01.30	2:10.44			
	(1:01.30)	(1:09.14)			
Nicole Beals (12) F					
1:34.61S	F # 5A	Female 11-12 100 Fly	3	---	---
	44.00	1:34.61			
	(44.00)	(50.61)			
1:26.94S	F # 11A	Female 11-12 100 Back	4	---	---
	41.55	1:26.94			
	(41.55)	(45.39)			

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Time	F/P/S	Event	Place	Points	Improv
1:44.78S	F # 17A	Female 11-12 100 Breast	4	---	---
	49.80	1:44.78			
	(49.80)	(54.98)			
1:15.43S	F # 23A	Female 11-12 100 Free	4	---	-6.48
	35.83	1:15.43			
	(35.83)	(39.60)			
3:06.49S	F # 27C	Female 11-12 200 IM	2	---	-6.95
	43.82	1:30.99 2:26.76 3:06.49			
	(43.82)	(47.17) (55.77) (39.73)			
Sarah Beals (9) F					
57.45S	F # 3B	Female 9-10 50 Fly	6	---	-4.23
52.98S	F # 9B	Female 9-10 50 Back	5	---	-5.44
1:04.19S	F # 15B	Female 9-10 50 Breast	7	---	---
42.13S	F # 21B	Female 9-10 50 Free	6	---	-2.34
1:50.01S	F # 25C	Female 9-10 100 IM	1	---	-7.42
	51.70	1:50.01			
	(51.70)	(58.31)			
Hayley Berg (16) F					
1:28.63S	F # 11C	Female 15-16 100 Back	13	---	-0.65
	43.94	1:28.63			
	(43.94)	(44.69)			
1:34.91S	F # 17C	Female 15-16 100 Breast	11	---	-0.23
	45.37	1:34.91			
	(45.37)	(49.54)			
1:17.04S	F # 23C	Female 15-16 100 Free	14	---	2.17
	36.83	1:17.04			
	(36.83)	(40.21)			
3:00.45S	F # 27E	Female 15-16 200 IM	5	---	-2.68
	41.56	1:27.27 2:18.67 3:00.45			
	(41.56)	(45.71) (51.40) (41.78)			
34.77S	F # 31C	Female 15-16 50 Free	8	---	1.15
Katherine Berg (13) F					
48.06S	F # 3D	Female 13-14 50 Fly	2	---	-7.76
1:41.97S	F # 11B	Female 13-14 100 Back	8	---	---
	50.38	1:41.97			
	(50.38)	(51.59)			
1:48.96S	F # 17B	Female 13-14 100 Breast	8	---	---
	52.41	1:48.96			
	(52.41)	(56.55)			
1:19.48S	F # 23B	Female 13-14 100 Free	8	---	-7.62
	38.00	1:19.48			
	(38.00)	(41.48)			
3:21.62S	F # 27D	Female 13-14 200 IM	6	---	-42.27
	47.35	1:39.45 2:36.14 3:21.62			
	(47.35)	(52.10) (56.69) (45.48)			

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Time	F/P/S	Event	Place	Points	Improv
Kathleen Bolton (15) F					
1:19.69S	F # 5C	Female 15-16 100 Fly	5	---	---
	36.88	1:19.69			
	(36.88)	(42.81)			
1:25.76S	F # 11C	Female 15-16 100 Back	11	---	---
	42.45	1:25.76			
	(42.45)	(43.31)			
1:24.51S	F # 17C	Female 15-16 100 Breast	2	---	-0.91
	40.73	1:24.51			
	(40.73)	(43.78)			
1:09.40S	F # 23C	Female 15-16 100 Free	7	---	---
	33.86	1:09.40			
	(33.86)	(35.54)			
5:46.66S	F # 29C	Female 15-16 400 IM	3	---	-9.38
	40.53	1:24.70	2:10.06	2:55.03	3:40.16
	(40.53)	(44.17)	(45.36)	(44.97)	(45.13)
					(48.12)
					(40.68)
					(37.70)
Matthew Bolton (17) M					
1:12.37S	F # 6D	Male 17 & Over 100 Fly	1	---	---
	33.27	1:12.37			
	(33.27)	(39.10)			
1:10.54S	F # 12D	Male 17 & Over 100 Back	2	---	---
	34.59	1:10.54			
	(34.59)	(35.95)			
1:22.19S	F # 18D	Male 17 & Over 100 Breast	1	---	2.66
	38.94	1:22.19			
	(38.94)	(43.25)			
1:02.01S	F # 24D	Male 17 & Over 100 Free	2	---	---
	29.86	1:02.01			
	(29.86)	(32.15)			
5:27.55S	F # 30D	Male 17 & Over 400 IM	1	---	---
	35.01	1:16.56	1:57.13	2:37.97	3:25.50
	(35.01)	(41.55)	(40.57)	(40.84)	(47.53)
					(46.78)
					(37.99)
					(37.28)
Haley Charest (15) F					
1:38.61S	F # 5C	Female 15-16 100 Fly	9	---	3.93
	44.13	1:38.61			
	(44.13)	(54.48)			
1:30.12S	F # 11C	Female 15-16 100 Back	15	---	2.65
	43.52	1:30.12			
	(43.52)	(46.60)			
1:33.04S	F # 17C	Female 15-16 100 Breast	9	---	-3.93
	44.52	1:33.04			
	(44.52)	(48.52)			
1:16.09S	F # 23C	Female 15-16 100 Free	12	---	-0.13
	36.39	1:16.09			
	(36.39)	(39.70)			
6:43.63S	F # 29C	Female 15-16 400 IM	9	---	-7.97
	43.46	1:38.78	2:29.33	3:21.68	4:16.37
	(43.46)	(55.32)	(50.55)	(52.35)	(54.69)
					(56.87)
					(46.02)
					(44.37)

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Time	F/P/S	Event	Place	Points	Improv
33.63S	F # 31C	Female 15-16 50 Free	7	---	0.24
Elisa Chen (11) F					
1:09.67S	F # 3C	Female 11-12 50 Fly	6	---	---
56.29S	F # 9C	Female 11-12 50 Back	7	---	-4.81
1:12.24S	F # 15C	Female 11-12 50 Breast	7	---	---
52.54S	F # 21C	Female 11-12 50 Free	8	---	-8.25
4:45.62S	F # 27C	Female 11-12 200 IM	10	---	---
Michael Chen (9) M					
1:05.87S	F # 4B	Male 9-10 50 Fly	1	---	---
53.31S	F # 10B	Male 9-10 50 Back	1	---	---
1:11.06S	F # 16B	Male 9-10 50 Breast	1	---	---
46.83S	F # 22B	Male 9-10 50 Free	1	---	-8.79
2:04.22S	F # 25D	Male 9-10 100 IM	1	---	---
	2:48.06	2:04.22			
	(2:48.06)	(43.84)			
Sophia Coffey (12) F					
DQ	F # 5A	Female 11-12 100 Fly	---	---	---
	43.88				
	(43.88)	(43.88)			
1:31.64S	F # 11A	Female 11-12 100 Back	6	---	---
	1:31.64				
	(0.00)	(1:31.64)			
1:55.76S	F # 17A	Female 11-12 100 Breast	7	---	---
	54.83	1:55.76			
	(54.83)	(1:00.93)			
1:19.83S	F # 23A	Female 11-12 100 Free	6	---	-1.50
	37.89	1:19.83			
	(37.89)	(41.94)			
3:20.98S	F # 27C	Female 11-12 200 IM	4	---	7.95
	40.87	1:29.61	2:34.81	3:20.98	
	(40.87)	(48.74)	(1:05.20)	(46.17)	
Olivia DeFreest (15) F					
1:49.79S	F # 5C	Female 15-16 100 Fly	13	---	---
	48.91	1:49.79			
	(48.91)	(1:00.88)			
1:40.58S	F # 11C	Female 15-16 100 Back	17	---	---
	49.63	1:40.58			
	(49.63)	(50.95)			
1:55.67S DQ	F # 17C	Female 15-16 100 Breast	---	---	---
	53.09	1:55.67			
	(53.09)	(1:02.58)			
1:29.38S	F # 23C	Female 15-16 100 Free	18	---	4.61
	43.98	1:29.38			
	(43.98)	(45.40)			
3:31.45S	F # 27E	Female 15-16 200 IM	8	---	---
	47.86	1:43.91	2:44.77	3:31.45	
	(47.86)	(56.05)	(1:00.86)	(46.68)	

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Time	F/P/S	Event	Place	Points	Improv
David Delahunty (15) M					
1:15.66S	F # 6C	Male 15-16 100 Fly	8	---	-9.05
	33.05	1:15.66			
	(33.05)	(42.61)			
1:13.58S	F # 12C	Male 15-16 100 Back	5	---	-8.59
	34.66	1:13.58			
	(34.66)	(38.92)			
1:22.44S	F # 18C	Male 15-16 100 Breast	5	---	-3.10
	39.06	1:22.44			
	(39.06)	(43.38)			
1:03.86S	F # 24C	Male 15-16 100 Free	6	---	-2.49
	30.11	1:03.86			
	(30.11)	(33.75)			
5:32.94S	F # 30C	Male 15-16 400 IM	4	---	-8.00
	32.66	1:15.23	1:58.31	2:40.50	3:29.28
	4:18.65	4:56.28	5:32.94		
	(32.66)	(42.57)	(43.08)	(42.19)	(48.78)
				(49.37)	(37.63)
					(36.66)
Linda Delahunty (15) F					
1:41.31S	F # 5C	Female 15-16 100 Fly	11	---	-2.41
	44.35	1:41.31			
	(44.35)	(56.96)			
1:24.35S	F # 11C	Female 15-16 100 Back	9	---	-0.91
	40.04	1:24.35			
	(40.04)	(44.31)			
1:43.79S	F # 17C	Female 15-16 100 Breast	16	---	-7.26
	49.85	1:43.79			
	(49.85)	(53.94)			
1:20.51S	F # 23C	Female 15-16 100 Free	17	---	2.60
	38.13	1:20.51			
	(38.13)	(42.38)			
3:05.09S	F # 27E	Female 15-16 200 IM	6	---	-8.22
	41.74	1:28.32	2:22.75	3:05.09	
	(41.74)	(46.58)	(54.43)	(42.34)	
Jillian Deland (11) F					
1:00.00S	F # 3C	Female 11-12 50 Fly	5	---	1.62
50.61S	F # 9C	Female 11-12 50 Back	3	---	-1.99
53.71S DQ	F # 15C	Female 11-12 50 Breast	---	---	---
40.19S	F # 21C	Female 11-12 50 Free	3	---	-1.11
3:43.16S	F # 27C	Female 11-12 200 IM	7	---	-16.23
	57.55	1:54.66	2:56.10	3:43.16	
	(57.55)	(57.11)	(1:01.44)	(47.06)	
Christina Denbow (15) F					
1:13.09S	F # 5C	Female 15-16 100 Fly	1	---	-3.39
	34.10	1:13.09			
	(34.10)	(38.99)			
1:19.40S	F # 11C	Female 15-16 100 Back	6	---	-2.10
	39.22	1:19.40			
	(39.22)	(40.18)			

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Time	F/P/S	Event	Place	Points	Improv
1:21.33S	F # 17C	Female 15-16 100 Breast	1	---	-1.10
	38.34	1:21.33			
	(38.34)	(42.99)			
1:07.44S	F # 23C	Female 15-16 100 Free	5	---	0.14
	32.45	1:07.44			
	(32.45)	(34.99)			
5:37.35S	F # 29C	Female 15-16 400 IM	2	---	2.00
	35.57	1:16.05	2:01.62	2:46.02	3:32.36
	4:19.15	4:58.58	5:37.35		
	(35.57)	(40.48)	(45.57)	(44.40)	(46.34)
			(46.79)	(39.43)	(38.77)
30.78S	F # 31C	Female 15-16 50 Free	3	---	-0.85
X 28.18S	F # 33A	200 Free Relay Lead Off	---	---	-3.45
Katherine Donovan (16) F					
1:14.50S	F # 5C	Female 15-16 100 Fly	3	---	-5.30
	34.18	1:14.50			
	(34.18)	(40.32)			
1:24.59S	F # 11C	Female 15-16 100 Back	10	---	3.38
	40.84	1:24.59			
	(40.84)	(43.75)			
1:36.15S	F # 17C	Female 15-16 100 Breast	12	---	-1.42
	45.70	1:36.15			
	(45.70)	(50.45)			
1:10.74S	F # 23C	Female 15-16 100 Free	9	---	3.37
	33.66	1:10.74			
	(33.66)	(37.08)			
5:54.93S	F # 29C	Female 15-16 400 IM	4	---	-5.57
	36.57	1:20.15	2:06.11	2:51.95	3:43.38
	4:35.30	5:15.93	5:54.93		
	(36.57)	(43.58)	(45.96)	(45.84)	(51.43)
			(51.92)	(40.63)	(39.00)
31.51S	F # 31C	Female 15-16 50 Free	6	---	-1.24
Madison Edwards (8) F					
31.82S	F # 1A	Female 8 & Under 25 Fly	1	---	---
31.18S	F # 7A	Female 8 & Under 25 Back	6	---	-1.64
30.98S	F # 13A	Female 8 & Under 25 Breast	2	---	---
22.89S	F # 19A	Female 8 & Under 25 Free	2	---	-1.49
2:06.94S	F # 25A	Female 8 & Under 100 IM	3	---	---
	59.87	2:06.94			
	(59.87)	(1:07.07)			
Kelsey Ewing (16) F					
1:18.91S	F # 5C	Female 15-16 100 Fly	4	---	6.16
	34.91	1:18.91			
	(34.91)	(44.00)			
1:18.13S	F # 11C	Female 15-16 100 Back	3	---	4.55
	37.01	1:18.13			
	(37.01)	(41.12)			
1:28.65S	F # 17C	Female 15-16 100 Breast	5	---	3.26
	41.76	1:28.65			
	(41.76)	(46.89)			

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Time	F/P/S	Event	Place	Points	Improv
1:06.29S	F # 23C	Female 15-16 100 Free	3	---	1.91
	31.70	1:06.29			
	(31.70)	(34.59)			
5:35.05S	F # 29C	Female 15-16 400 IM	1	---	-0.60
	35.36	1:18.07	2:00.16	2:42.52	3:31.33
	4:20.90	4:58.41	5:35.05		
	(35.36)	(42.71)	(42.09)	(42.36)	(48.81)
				(49.57)	(37.51)
					(36.64)
30.40S	F # 31C	Female 15-16 50 Free	1	---	0.53
Maria Feren (10) F					
NS	F # 3B	Female 9-10 50 Fly	---	---	---
	(0.00)	(0.00)			
1:01.30S	F # 9B	Female 9-10 50 Back	11	---	0.18
NS	F # 15B	Female 9-10 50 Breast	---	---	---
NS	F # 21B	Female 9-10 50 Free	---	---	---
NS	F # 25C	Female 9-10 100 IM	---	---	---
	(0.00)	(0.00)			
Sarah Ferguson (8) F					
1:00.50S	F # 3A	Female 8 & Under 50 Fly	2	---	---
55.63S	F # 9A	Female 8 & Under 50 Back	1	---	---
1:06.82S	F # 15A	Female 8 & Under 50 Breast	2	---	---
	25:00.00	1:06.82			
	(25:00.00)	(1500.00)			(0.00)
					(1:06.82)
43.97S	F # 21A	Female 8 & Under 50 Free	1	---	-1.73
1:56.37S	F # 25A	Female 8 & Under 100 IM	2	---	0.72
	54.30	1:56.37			
	(54.30)	(1:02.07)			
Alex Golding (5) M					
50.70S DQ	F # 1B	Male 8 & Under 25 Fly	---	---	---
37.75S	F # 7B	Male 8 & Under 25 Back	2	---	-8.27
38.55S	F # 19B	Male 8 & Under 25 Free	2	---	-3.97
Kathleen Golding (9) F					
43.48S	F # 3B	Female 9-10 50 Fly	4	---	---
42.42S	F # 9B	Female 9-10 50 Back	2	---	---
49.22S	F # 15B	Female 9-10 50 Breast	2	---	---
34.17S	F # 21B	Female 9-10 50 Free	1	---	-0.61
3:04.28S	F # 27B	Female 9-10 200 IM	1	---	---
	42.26	1:27.67	2:23.98	3:04.28	
	(42.26)	(45.41)	(56.31)	(40.30)	
Molly Golding (6) F					
52.49S	F # 3A	Female 8 & Under 50 Fly	1	---	---
	30:00.00	52.49			
	(30:00.00)	(1800.00)			(0.00)
					(52.49)
57.76S	F # 9A	Female 8 & Under 50 Back	2	---	---
1:03.12S	F # 15A	Female 8 & Under 50 Breast	1	---	---
45.21S	F # 21A	Female 8 & Under 50 Free	2	---	---
1:55.07S	F # 25A	Female 8 & Under 100 IM	1	---	-3.61
	55.76	1:55.07			
	(55.76)	(59.31)			

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Time	F/P/S	Event	Place	Points	Improv			
Sally Golding (5) F								
42.33S	DQ	F # 1A Female 8 & Under 25 Fly	---	---	---			
37.18S	F # 7A	Female 8 & Under 25 Back	7	---	-9.98			
55.96S	DQ	F # 13A Female 8 & Under 25 Breast	---	---	---			
32.65S	F # 19A	Female 8 & Under 25 Free	7	---	-6.09			
Zachary Grimmatt (14) M								
1:13.43S	F # 6B	Male 13-14 100 Fly	2	---	---			
	33.35	1:13.43						
	(33.35)	(40.08)						
1:18.82S	F # 12B	Male 13-14 100 Back	2	---	-1.51			
	38.50	1:18.82						
	(38.50)	(40.32)						
1:22.13S	F # 18B	Male 13-14 100 Breast	1	---	---			
	38.31	1:22.13						
	(38.31)	(43.82)						
1:02.76S	F # 24B	Male 13-14 100 Free	2	---	-2.98			
	29.87	1:02.76						
	(29.87)	(32.89)						
5:43.62S	F # 30B	Male 13-14 400 IM	2	---	---			
	34.53	1:15.95	2:01.61	2:46.11	3:36.24	4:27.86	5:06.85	5:43.62
	(34.53)	(41.42)	(45.66)	(44.50)	(50.13)	(51.62)	(38.99)	(36.77)
28.89S	F # 34A	Male 13-14 50 Free	1	---	---			
Molly Hayden (12) F								
58.28S	F # 9C	Female 11-12 50 Back	9	---	---			
1:04.05S	F # 15C	Female 11-12 50 Breast	6	---	---			
52.99S	F # 21C	Female 11-12 50 Free	9	---	3.02			
Cole Hogg (15) M								
1:02.32S	F # 6C	Male 15-16 100 Fly	2	---	---			
	29.46	1:02.32						
	(29.46)	(32.86)						
1:06.71S	F # 12C	Male 15-16 100 Back	2	---	---			
	32.61	1:06.71						
	(32.61)	(34.10)						
1:19.83S	F # 18C	Male 15-16 100 Breast	2	---	---			
	37.26	1:19.83						
	(37.26)	(42.57)						
54.97S	F # 24C	Male 15-16 100 Free	1	---	-0.79			
	25.95	54.97						
	(25.95)	(29.02)						
4:59.38S	F # 30C	Male 15-16 400 IM	1	---	-6.23			
	29.91	1:04.74	1:43.60	2:22.83	3:08.09	3:52.46	4:25.54	4:59.38
	(29.91)	(34.83)	(38.86)	(39.23)	(45.26)	(44.37)	(33.08)	(33.84)
25.09S	F # 33B	200 Free Relay Lead Off	---	---	---			
Kathleen Jenkins (9) F								
39.36S	F # 3B	Female 9-10 50 Fly	1	---	-4.09			
41.22S	F # 9B	Female 9-10 50 Back	1	---	0.06			
49.85S	F # 15B	Female 9-10 50 Breast	3	---	---			

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
35.66S	F # 21B	Female 9-10 50 Free	2	---	-7.84
3:13.79S	F # 27B	Female 9-10 200 IM	3	---	---
	40.34	1:29.92	2:31.54	3:13.79	
	(40.34)	(49.58)	(1:01.62)	(42.25)	
Richard Jenkins (17) M					
1:12.40S	F # 6D	Male 17 & Over 100 Fly	2	---	-2.25
	33.24	1:12.40			
	(33.24)	(39.16)			
1:05.25S	F # 12D	Male 17 & Over 100 Back	1	---	1.18
	32.38	1:05.25			
	(32.38)	(32.87)			
1:25.79S	F # 18D	Male 17 & Over 100 Breast	3	---	-1.77
	40.80	1:25.79			
	(40.80)	(44.99)			
57.98S	F # 24D	Male 17 & Over 100 Free	1	---	-0.98
	27.85	57.98			
	(27.85)	(30.13)			
2:27.75S	F # 28F	Male 17 & Over 200 IM	1	---	-7.57
	33.24	1:08.46	1:55.49	2:27.75	
	(33.24)	(35.22)	(47.03)	(32.26)	
Robert Jenkins (15) M					
1:13.43S	F # 6C	Male 15-16 100 Fly	6	---	-4.45
	33.73	1:13.43			
	(33.73)	(39.70)			
1:25.25S DQ	F # 12C	Male 15-16 100 Back	---	---	---
	41.39	1:25.25			
	(41.39)	(43.86)			
1:38.77S	F # 18C	Male 15-16 100 Breast	7	---	-1.39
	46.41	1:38.77			
	(46.41)	(52.36)			
1:06.01S	F # 24C	Male 15-16 100 Free	8	---	-3.10
	30.92	1:06.01			
	(30.92)	(35.09)			
6:01.80S	F # 30C	Male 15-16 400 IM	6	---	-16.87
	36.30	1:18.43	2:08.73	2:56.79	3:50.87
	(36.30)	(42.13)	(50.30)	(48.06)	(54.08)
					4:44.38
					(53.51)
					(40.03)
					6:01.80
					(37.39)
30.01S	F # 34B	Male 15 & Over 50 Free	2	---	-0.04
Kathleen Lamontagne (16) F					
1:31.91S	F # 5C	Female 15-16 100 Fly	7	---	6.98
	42.41	1:31.91			
	(42.41)	(49.50)			
1:20.01S	F # 11C	Female 15-16 100 Back	7	---	1.76
	38.97	1:20.01			
	(38.97)	(41.04)			
1:31.88S	F # 17C	Female 15-16 100 Breast	8	---	-0.26
	43.54	1:31.88			
	(43.54)	(48.34)			

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
1:07.81S	F # 23C 32.39 (32.39)	Female 15-16 100 Free 1:07.81 (35.42)	6	---	0.39
6:14.07S	F # 29C 42.17 (42.17)	Female 15-16 400 IM 1:34.39 2:19.40 3:05.84 (52.22) (45.01) (46.44)	6	---	6.85
30.49S	F # 31C	Female 15-16 50 Free	2	---	0.34
Taylor Lee (9) F					
37.71S	F # 1C	Female 9-10 25 Fly	1	---	---
27.17S	F # 7C	Female 9-10 25 Back	1	---	-4.22
36.46S	F # 13C	Female 9-10 25 Breast	1	---	---
22.96S	F # 19C	Female 9-10 25 Free	1	---	-1.43
2:22.10S	F # 25C 2:57.05 (2:57.05)	Female 9-10 100 IM 2:22.10 (34.95)	2	---	---
Stephen Masterson (17) M					
1:22.19S	F # 6D 37.51 (37.51)	Male 17 & Over 100 Fly 1:22.19 (44.68)	3	---	-6.18
1:21.13S	F # 12D 38.78 (38.78)	Male 17 & Over 100 Back 1:21.13 (42.35)	3	---	-6.07
1:25.29S	F # 18D 40.12 (40.12)	Male 17 & Over 100 Breast 1:25.29 (45.17)	2	---	-0.51
1:11.06S	F # 24D 33.89 (33.89)	Male 17 & Over 100 Free 1:11.06 (37.17)	3	---	-1.82
6:03.26S	F # 30D 35.68 (35.68)	Male 17 & Over 400 IM 1:20.48 2:10.49 2:58.70 (44.80) (50.01) (48.21)	2	---	-17.70
Matthew McKee (16) M					
1:12.83S	F # 6C 33.66 (33.66)	Male 15-16 100 Fly 1:12.83 (39.17)	5	---	-0.65
1:24.94S DQ	F # 12C 40.38 (40.38)	Male 15-16 100 Back 1:24.94 (44.56)	---	---	---
1:43.56S	F # 18C 48.47 (48.47)	Male 15-16 100 Breast 1:43.56 (55.09)	9	---	---
1:04.69S	F # 24C 30.85 (30.85)	Male 15-16 100 Free 1:04.69 (33.84)	7	---	-0.73
6:35.39S DQ	F # 30C 33.66 (33.66)	Male 15-16 400 IM 1:14.72 2:49.25 (41.06) (1:34.53) (169.25)	---	---	---
28.39S	F # 34B	Male 15 & Over 50 Free	1	---	-0.91

Individual Meet Results
MST Pentathlon 16-Jan-10 SC Meters**Location: SNHU, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
Abigail Mitchell (16) F					
1:28.17S	F # 11C	Female 15-16 100 Back	12	---	4.91
	42.37	1:28.17			
	(42.37)	(45.80)			
1:25.05S	F # 17C	Female 15-16 100 Breast	3	---	4.00
	40.29	1:25.05			
	(40.29)	(44.76)			
1:16.49S	F # 23C	Female 15-16 100 Free	13	---	6.37
	36.43	1:16.49			
	(36.43)	(40.06)			
2:50.67S	F # 27E	Female 15-16 200 IM	3	---	5.22
	39.44	1:25.04	2:11.74	2:50.67	
	(39.44)	(45.60)	(46.70)	(38.93)	
Danielle Morin (14) F					
1:36.34S	F # 5B	Female 13-14 100 Fly	7	---	3.10
	43.39	1:36.34			
	(43.39)	(52.95)			
1:33.22S	F # 11B	Female 13-14 100 Back	5	---	5.94
	44.83	1:33.22			
	(44.83)	(48.39)			
1:43.81S	F # 17B	Female 13-14 100 Breast	7	---	-3.59
	49.13	1:43.81			
	(49.13)	(54.68)			
1:19.38S	F # 23B	Female 13-14 100 Free	7	---	-3.94
	37.68	1:19.38			
	(37.68)	(41.70)			
3:07.36S	F # 27D	Female 13-14 200 IM	3	---	1.70
	43.27	1:31.13	2:25.63	3:07.36	
	(43.27)	(47.86)	(54.50)	(41.73)	
32.79S	F # 31B	Female 13-14 50 Free	2	---	-4.09
Elizabeth Morin (16) F					
1:20.64S	F # 11C	Female 15-16 100 Back	8	---	-2.21
	38.77	1:20.64			
	(38.77)	(41.87)			
1:29.05S	F # 17C	Female 15-16 100 Breast	6	---	1.09
	42.59	1:29.05			
	(42.59)	(46.46)			
1:09.94S	F # 23C	Female 15-16 100 Free	8	---	-0.67
	34.01	1:09.94			
	(34.01)	(35.93)			
2:47.22S	F # 27E	Female 15-16 200 IM	2	---	-1.33
	36.15	1:19.00	2:07.85	2:47.22	
	(36.15)	(42.85)	(48.85)	(39.37)	
31.31S	F # 31C	Female 15-16 50 Free	5	---	-0.57
Stephen Muzzey (16) M					
1:02.90S	F # 6C	Male 15-16 100 Fly	3	---	-1.43
	29.22	1:02.90			
	(29.22)	(33.68)			

Individual Meet Results
MST Pentathlon 16-Jan-10 SC Meters**Location: SNHU, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:09.82S	F # 12C	Male 15-16 100 Back	3	---	-4.74
	33.97	1:09.82			
	(33.97)	(35.85)			
1:22.23S	F # 18C	Male 15-16 100 Breast	4	---	-6.09
	39.76	1:22.23			
	(39.76)	(42.47)			
1:00.59S	F # 24C	Male 15-16 100 Free	4	---	-4.00
	28.31	1:00.59			
	(28.31)	(32.28)			
5:17.56S	F # 30C	Male 15-16 400 IM	3	---	-15.58
	31.25	1:07.41	1:48.71	2:30.32	3:18.47
	4:05.67	4:40.76	5:17.56		
	(31.25)	(36.16)	(41.30)	(41.61)	(48.15)
				(47.20)	(35.09)
					(36.80)
Olivia Neville (9) F					
59.79S	F # 3B	Female 9-10 50 Fly	7	---	---
55.22S	F # 9B	Female 9-10 50 Back	6	---	---
1:13.49S DQ	F # 15B	Female 9-10 50 Breast	---	---	---
41.56S	F # 21B	Female 9-10 50 Free	5	---	-1.65
1:59.29S DQ	F # 25C	Female 9-10 100 IM	---	---	---
	57.97	1:59.29			
	(57.97)	(1:01.32)			
Marko Novcic (11) M					
1:58.22S DQ	F # 6A	Male 11-12 100 Fly	---	---	---
	52.46	1:58.22			
	(52.46)	(1:05.76)			
1:43.10S	F # 12A	Male 11-12 100 Back	1	---	---
	49.89	1:43.10			
	(49.89)	(53.21)			
1:55.08S	F # 18A	Male 11-12 100 Breast	1	---	---
	52.86	1:55.08			
	(52.86)	(1:02.22)			
1:26.61S	F # 24A	Male 11-12 100 Free	1	---	1.19
	40.15	1:26.61			
	(40.15)	(46.46)			
3:31.83S	F # 28C	Male 11-12 200 IM	1	---	---
	48.21	1:44.95	2:45.68	3:31.83	
	(48.21)	(56.74)	(1:00.73)	(46.15)	
Emily Peach (11) F					
57.64S DQ	F # 3C	Female 11-12 50 Fly	---	---	---
54.10S	F # 9C	Female 11-12 50 Back	5	---	1.74
54.17S	F # 15C	Female 11-12 50 Breast	4	---	-1.02
40.27S	F # 21C	Female 11-12 50 Free	4	---	0.91
3:45.42S DQ	F # 27C	Female 11-12 200 IM	---	---	---
	55.83	1:52.72	2:57.69	3:45.42	
	(55.83)	(56.89)	(1:04.97)	(47.73)	
Taylor Peach (13) M					
NS	F # 10D	Male 13-14 50 Back	---	---	---
NS	F # 16D	Male 13-14 50 Breast	---	---	---

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
NS	F # 22D	Male 13-14 50 Free	---	---	---
McKenzie Phelps (8) F					
31.66S DQ	F # 1A	Female 8 & Under 25 Fly	---	---	---
28.28S	F # 7A	Female 8 & Under 25 Back	2	---	---
33.27S	F # 13A	Female 8 & Under 25 Breast	3	---	---
29.04S	F # 19A	Female 8 & Under 25 Free	6	---	---
2:27.83S	F # 25A	Female 8 & Under 100 IM	5	---	---
	2:55.50	2:27.83			
	(2:55.50)	(27.67)			
Kelsey Poremba (18) F					
1:20.07S	F # 11D	Female 17 & Over 100 Back	2	---	1.55
	38.65	1:20.07			
	(38.65)	(41.42)			
1:33.10S	F # 17D	Female 17 & Over 100 Breast	2	---	---
	44.19	1:33.10			
	(44.19)	(48.91)			
1:09.59S	F # 23D	Female 17 & Over 100 Free	2	---	1.30
	33.38	1:09.59			
	(33.38)	(36.21)			
Lindsey Poremba (14) F					
1:26.06S	F # 5B	Female 13-14 100 Fly	3	---	---
	41.00	1:26.06			
	(41.00)	(45.06)			
1:27.12S	F # 11B	Female 13-14 100 Back	4	---	-0.61
	43.06	1:27.12			
	(43.06)	(44.06)			
1:37.29S	F # 17B	Female 13-14 100 Breast	5	---	---
	47.44	1:37.29			
	(47.44)	(49.85)			
1:11.99S	F # 23B	Female 13-14 100 Free	5	---	-9.77
	34.22	1:11.99			
	(34.22)	(37.77)			
2:58.97S	F # 27D	Female 13-14 200 IM	2	---	---
	40.68	1:26.15	2:18.78	2:58.97	
	(40.68)	(45.47)	(52.63)	(40.19)	
Megan Poremba (11) F					
1:53.63S DQ	F # 5A	Female 11-12 100 Fly	---	---	---
	52.79	1:53.63			
	(52.79)	(1:00.84)			
1:43.15S	F # 11A	Female 11-12 100 Back	7	---	---
	50.45	1:43.15			
	(50.45)	(52.70)			
1:52.22S	F # 17A	Female 11-12 100 Breast	6	---	---
	51.81	1:52.22			
	(51.81)	(1:00.41)			
1:27.85S	F # 23A	Female 11-12 100 Free	7	---	4.29
	41.30	1:27.85			
	(41.30)	(46.55)			

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
3:24.80S	F # 27C	Female 11-12 200 IM	5	---	---
	49.18	1:41.59 2:43.36 3:24.80			
	(49.18)	(52.41) (1:01.77) (41.44)			
Kayla Poulin (15) F					
1:37.81S	F # 5C	Female 15-16 100 Fly	8	---	---
	42.70	1:37.81			
	(42.70)	(55.11)			
1:35.58S	F # 11C	Female 15-16 100 Back	16	---	-9.06
		1:35.58			
	(0.00)	(1:35.58)			
1:39.02S	F # 17C	Female 15-16 100 Breast	14	---	-12.98
	47.38	1:39.02			
	(47.38)	(51.64)			
1:18.17S	F # 23C	Female 15-16 100 Free	15	---	-3.71
	37.87	1:18.17			
	(37.87)	(40.30)			
3:10.09S	F # 27E	Female 15-16 200 IM	7	---	-11.12
	43.11	1:33.39 2:27.39 3:10.09			
	(43.11)	(50.28) (54.00) (42.70)			
Alaina Pribis (12) F					
1:20.88S	F # 5A	Female 11-12 100 Fly	2	---	---
	37.83	1:20.88			
	(37.83)	(43.05)			
1:22.60S	F # 11A	Female 11-12 100 Back	2	---	---
	40.84	1:22.60			
	(40.84)	(41.76)			
1:29.51S	F # 17A	Female 11-12 100 Breast	1	---	---
	42.61	1:29.51			
	(42.61)	(46.90)			
1:10.63S	F # 23A	Female 11-12 100 Free	2	---	-3.62
	33.94	1:10.63			
	(33.94)	(36.69)			
5:49.94S	F # 29A	Female 11-12 400 IM	2	---	-11.27
	37.42	1:22.83 2:09.25 2:54.58 3:42.42 4:31.56 5:11.88 5:49.94			
	(37.42)	(45.41) (46.42) (45.33) (47.84) (49.14) (40.32) (38.06)			
Carter Pribis (16) M					
1:01.86S	F # 6C	Male 15-16 100 Fly	1	---	-3.46
	29.19	1:01.86			
	(29.19)	(32.67)			
1:02.87S	F # 12C	Male 15-16 100 Back	1	---	-1.26
	30.15	1:02.87			
	(30.15)	(32.72)			
1:15.49S	F # 18C	Male 15-16 100 Breast	1	---	-5.46
	35.41	1:15.49			
	(35.41)	(40.08)			
56.19S	F # 24C	Male 15-16 100 Free	2	---	-2.61
	26.37	56.19			
	(26.37)	(29.82)			

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
5:03.84S	F # 30C	Male 15-16 400 IM	2	---	-12.88
	30.02	1:05.58 1:43.47 2:21.69 3:06.58 3:52.68 4:28.17 5:03.84			
	(30.02)	(35.56) (37.89) (38.22) (44.89) (46.10) (35.49) (35.67)			
Milan Sandhu (15) M					
1:05.83S	F # 6C	Male 15-16 100 Fly	4	---	-1.38
	29.89	1:05.83			
	(29.89)	(35.94)			
1:10.02S	F # 12C	Male 15-16 100 Back	4	---	-1.22
	34.13	1:10.02			
	(34.13)	(35.89)			
1:21.14S	F # 18C	Male 15-16 100 Breast	3	---	-2.78
	38.50	1:21.14			
	(38.50)	(42.64)			
58.81S	F # 24C	Male 15-16 100 Free	3	---	-0.62
	28.18	58.81			
	(28.18)	(30.63)			
2:28.87S	F # 28E	Male 15-16 200 IM	1	---	-0.24
	30.66	1:09.78 1:55.66 2:28.87			
	(30.66)	(39.12) (45.88) (33.21)			
Aimee St. Germain (16) F					
1:24.85S	F # 5C	Female 15-16 100 Fly	6	---	---
	37.11	1:24.85			
	(37.11)	(47.74)			
1:28.70S	F # 11C	Female 15-16 100 Back	14	---	---
	44.05	1:28.70			
	(44.05)	(44.65)			
1:33.93S	F # 17C	Female 15-16 100 Breast	10	---	---
	44.55	1:33.93			
	(44.55)	(49.38)			
1:11.76S	F # 23C	Female 15-16 100 Free	10	---	---
	35.00	1:11.76			
	(35.00)	(36.76)			
6:14.50S	F # 29C	Female 15-16 400 IM	7	---	---
	38.98	1:28.97 2:16.24 3:05.33 3:58.32 4:51.78 5:33.64 6:14.50			
	(38.98)	(49.99) (47.27) (49.09) (52.99) (53.46) (41.86) (40.86)			
Rachel Tate-Cohen (7) F					
44.11S	F # 1A	Female 8 & Under 25 Fly	4	---	---
28.58S	F # 7A	Female 8 & Under 25 Back	3	---	---
43.00S DQ	F # 13A	Female 8 & Under 25 Breast	---	---	---
26.20S	F # 19A	Female 8 & Under 25 Free	4	---	---
DNF	F # 25A	Female 8 & Under 100 IM	---	---	---
	2:18.30				
	(2:18.30)	(138.30)			
Noelle Theodoulou (11) F					
NS	F # 5A	Female 11-12 100 Fly	---	---	---
	(0.00)	(0.00)			

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
1:30.02S	F # 11A	Female 11-12 100 Back 1:30.02 (0.00) (1:30.02)	5	---	---
1:48.55S	F # 17A	Female 11-12 100 Breast 51.22 1:48.55 (51.22) (57.33)	5	---	---
1:16.15S	F # 23A	Female 11-12 100 Free 35.90 1:16.15 (35.90) (40.25)	5	---	3.74
3:12.82S	F # 27C	Female 11-12 200 IM 40.81 1:30.94 2:31.08 3:12.82 (40.81) (50.13) (1:00.14) (41.74)	3	---	-13.34
Kaitlin Turmel (9) F					
1:07.13S DQ	F # 3B	Female 9-10 50 Fly	---	---	---
1:00.38S	F # 9B	Female 9-10 50 Back	10	---	4.43
1:04.92S DQ	F # 15B	Female 9-10 50 Breast 56:00.00 1:04.92 (56:00.00) (3360.00) (0.00) (1:04.92)	---	---	---
48.14S	F # 21B	Female 9-10 50 Free	9	---	1.32
2:05.10S	F # 25C	Female 9-10 100 IM 1:02.04 2:05.10 (1:02.04) (1:03.06)	---	---	---
Alana Westwater (15) F					
1:15.17S	F # 11C	Female 15-16 100 Back 35.84 1:15.17 (35.84) (39.33)	1	---	---
1:36.39S	F # 17C	Female 15-16 100 Breast 45.70 1:36.39 (45.70) (50.69)	13	---	---
1:06.64S	F # 23C	Female 15-16 100 Free 31.92 1:06.64 (31.92) (34.72)	4	---	0.98
Kaelin Willette (13) F					
1:30.28S	F # 5B	Female 13-14 100 Fly 40.48 1:30.28 (40.48) (49.80)	5	---	-5.09
1:22.07S	F # 11B	Female 13-14 100 Back 39.68 1:22.07 (39.68) (42.39)	2	---	-5.27
1:35.64S	F # 17B	Female 13-14 100 Breast 44.88 1:35.64 (44.88) (50.76)	3	---	-12.17
1:10.08S	F # 23B	Female 13-14 100 Free 33.57 1:10.08 (33.57) (36.51)	4	---	-4.67
6:27.49S	F # 29B	Female 13-14 400 IM 39.90 1:30.03 2:20.58 3:09.60 4:03.79 5:00.82 5:45.44 6:27.49 (39.90) (50.13) (50.55) (49.02) (54.19) (57.03) (44.62) (42.05)	2	---	-17.94

Individual Meet Results

MST Pentathlon 16-Jan-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
Olivia Wons (14) F					
NS	F # 11B	Female 13-14 100 Back	---	---	---
	1:17.07				
	(1:17.07)	(77.07)			
1:32.79S	F # 17B	Female 13-14 100 Breast	2	---	-4.39
	43.82	1:32.79			
	(43.82)	(48.97)			
1:07.55S	F # 23B	Female 13-14 100 Free	1	---	-0.26
	32.30	1:07.55			
	(32.30)	(35.25)			
30.79S	F # 31B	Female 13-14 50 Free	1	---	-2.13