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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Elizabeth Aldrich (13) F</b>					
27.17Y	F # 1	Female 11 & Over 50 Free	16	1	0.83
2:08.64Y	F # 7	Female 11 & Over 200 Free	11	6	1.20
	29.81	1:02.33 1:36.27 2:08.64			
	(29.81)	(32.52) (33.94) (32.37)			
2:37.52Y	F # 9	Female 11 & Over 200 Fly	6	13	3.16
	32.84	1:12.40 1:55.00 2:37.52			
	(32.84)	(39.56) (42.60) (42.52)			
1:18.41Y	F # 43	Female 100 Breast	14	3	-2.96
	36.89	1:18.41			
	(36.89)	(41.52)			
57.94Y	F # 51	Female 100 Free	6	13	0.56
	28.57	57.94			
	(28.57)	(29.37)			
1:08.87Y	F # 55	Female 100 Fly	10	7	4.81
	32.63	1:08.87			
	(32.63)	(36.24)			
2:24.41Y	F # 59	Female 200 IM	5	14	5.32
	32.48	1:53.83 2:24.41			
	(32.48)	(32.48) (1:53.83) (30.58)			
<b>Katherine Aldrich (17) F</b>					
26.59Y	F # 1	Female 11 & Over 50 Free	8	11	0.20
2:20.35Y	F # 5	Female 11 & Over 200 Back	7	12	10.79
	31.96	1:07.56 1:43.78 2:20.35			
	(31.96)	(35.60) (36.22) (36.57)			
2:09.21Y	F # 7	Female 11 & Over 200 Free	12	5	10.21
	29.13	1:01.36 1:35.19 2:09.21			
	(29.13)	(32.23) (33.83) (34.02)			
1:19.78Y	F # 43	Female 100 Breast	17	---	1.24
	37.60	1:19.78			
	(37.60)	(42.18)			
1:04.29Y	F # 47	Female 100 Back	6	13	4.04
	30.71	1:04.29			
	(30.71)	(33.58)			
57.40Y	F # 51	Female 100 Free	5	14	1.90
	27.81	57.40			
	(27.81)	(29.59)			
<b>Ciara April (9) F</b>					
52.84Y	F # 13	Female 9-10 50 Breast	44	---	-6.33
46.48Y DQ	F # 19	Female 9-10 50 Back	---	---	---
44.28Y	F # 25	Female 9-10 50 Free	70	---	-0.37
1:49.26Y	F # 37	Female 9-10 100 IM	47	---	-1.30
	51.85	1:49.26			
	(51.85)	(57.41)			
<b>Nicole Beals (13) F</b>					
1:32.01Y	F # 15	Female 13-14 100 Breast	31	---	-0.14
	44.14	1:32.01			
	(44.14)	(47.87)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:17.56Y	F # 21	Female 13-14 100 Back	29	---	-0.31
	37.26	1:17.56			
	(37.26)	(40.30)			
1:04.01Y	F # 27	Female 13-14 100 Free	18	---	-1.43
	30.83	1:04.01			
	(30.83)	(33.18)			
1:21.18Y	F # 33	Female 13-14 100 Fly	23	---	-2.12
	38.36	1:21.18			
	(38.36)	(42.82)			
2:46.69Y	F # 39	Female 13-14 200 IM	14	3	1.95
	37.85	1:18.91 2:10.33 2:46.69			
	(37.85)	(41.06) (51.42) (36.36)			
<b>Sarah Beals (10) F</b>					
54.87Y	F # 13	Female 9-10 50 Breast	54	---	-1.69
46.74Y	F # 19	Female 9-10 50 Back	42	---	0.88
37.23Y	F # 25	Female 9-10 50 Free	35	---	0.26
51.49Y	F # 31	Female 9-10 50 Fly	36	---	0.32
1:40.99Y	F # 37	Female 9-10 100 IM	41	---	1.06
	48.64	1:40.99			
	(48.64)	(52.35)			
<b>Anna Belk (15) F</b>					
NS	F # 1	Female 11 & Over 50 Free	---	---	---
<b>Hayley Berg (17) F</b>					
1:26.15Y	F # 43	Female 100 Breast	43	---	4.86
	40.84	1:26.15			
	(40.84)	(45.31)			
1:08.94Y	F # 51	Female 100 Free	67	---	4.81
	33.11	1:08.94			
	(33.11)	(35.83)			
<b>Katherine Berg (14) F</b>					
1:31.10Y	F # 43	Female 100 Breast	57	---	1.68
	43.53	1:31.10			
	(43.53)	(47.57)			
1:25.47Y	F # 47	Female 100 Back	69	---	1.71
	(0.00)	1:25.47			
		(1:25.47)			
1:07.43Y	F # 51	Female 100 Free	61	---	-0.84
	32.80	1:07.43			
	(32.80)	(34.63)			
<b>Kathleen Bolton (15) F</b>					
1:13.05Y	F # 43	Female 100 Breast	2	17	-0.01
	34.86	1:13.05			
	(34.86)	(38.19)			
59.97Y	F # 51	Female 100 Free	15	2	-1.37
	28.95	59.97			
	(28.95)	(31.02)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:09.96Y	F # 55 32.06 (32.06)	Female 100 Fly 1:09.96 (37.90)	12	5	1.76
2:24.85Y	F # 59 32.63 (32.63)	Female 200 IM 1:12.17 1:52.14 2:24.85 (39.54) (39.97) (32.71)	6	13	3.78
<b>Matthew Bolton (17) M</b>					
1:08.66Y	F # 44 32.45 (32.45)	Male 100 Breast 1:08.66 (36.21)	5	14	0.14
1:01.04Y	F # 48 29.84 (29.84)	Male 100 Back 1:01.04 (31.20)	7	12	1.74
53.14Y	F # 52 25.75 (25.75)	Male 100 Free 53.14 (27.39)	8	11	-1.58
2:11.50Y	F # 60 29.00 (29.00)	Male 200 IM 1:02.18 1:41.58 2:11.50 (33.18) (39.40) (29.92)	5	14	2.28
<b>Zachary Bonte (13) M</b>					
1:27.07Y	F # 44 42.12 (42.12)	Male 100 Breast 1:27.07 (44.95)	32	---	-2.13
1:13.87Y	F # 48 36.39 (36.39)	Male 100 Back 1:13.87 (37.48)	34	---	0.31
1:05.35Y	F # 52 32.07 (32.07)	Male 100 Free 1:05.35 (33.28)	48	---	-1.96
1:21.83Y	F # 56 37.83 (37.83)	Male 100 Fly 1:21.83 (44.00)	32	---	-13.78
2:44.47Y	F # 60 38.57 (38.57)	Male 200 IM 1:17.84 2:08.30 2:44.47 (39.27) (50.46) (36.17)	33	---	-0.71
<b>Matteo Broketa (12) M</b>					
47.79Y	F # 42	Male 11-12 50 Breast	24	---	-6.22
46.18Y	F # 46	Male 11-12 50 Back	27	---	-3.74
1:28.71Y	F # 50 41.85 (41.85)	Male 11-12 100 Free 1:28.71 (46.86)	35	---	---
1:41.61Y	F # 58 47.94 (47.94)	Male 11-12 100 IM 1:41.61 (53.67)	27	---	---
<b>Caden Carpenter (7) M</b>					
DQ	F # 18	Male 8 & Under 25 Back	---	---	---
26.44Y	F # 24	Male 8 & Under 25 Free	21	---	-2.93

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
<b>Haley Charest (16) F</b>					
30.39Y	F # 1	Female 11 & Over 50 Free	75	---	0.69
2:58.27Y	F # 3	Female 11 & Over 200 Breast	26	---	-0.83
		41.05 1:26.33 2:12.37 2:58.27 (41.05) (45.28) (46.04) (45.90)			
2:21.69Y	F # 7	Female 11 & Over 200 Free	50	---	1.86
		32.77 1:08.75 1:45.78 2:21.69 (32.77) (35.98) (37.03) (35.91)			
1:21.17Y	F # 43	Female 100 Breast	24	---	1.66
		39.00 1:21.17 (39.00) (42.17)			
1:03.34Y	F # 51	Female 100 Free	40	---	-0.67
		30.89 1:03.34 (30.89) (32.45)			
NS	F # 59	Female 200 IM	---	---	---
		(0.00) (0.00) (0.00) (0.00)			
<b>Elisa Chen (11) F</b>					
51.86Y	F # 41	Female 11-12 50 Breast	75	---	-1.48
44.84Y	F # 45	Female 11-12 50 Back	72	---	1.61
1:37.04Y	F # 49	Female 11-12 100 Free	92	---	-7.54
		44.68 1:37.04 (44.68) (52.36)			
54.45Y	F # 53	Female 11-12 50 Fly	79	---	1.78
1:42.44Y	F # 57	Female 11-12 100 IM	78	---	-21.84
		46.57 1:42.44 (46.57) (55.87)			
<b>Michael Chen (10) M</b>					
51.02Y	F # 14	Male 9-10 50 Breast	14	3	-1.83
41.14Y	F # 20	Male 9-10 50 Back	8	11	-2.91
34.32Y	F # 26	Male 9-10 50 Free	7	12	0.09
43.75Y	F # 32	Male 9-10 50 Fly	7	12	2.12
1:33.32Y	F # 38	Male 9-10 100 IM	9	9	-7.30
		44.83 1:33.32 (44.83) (48.49)			
<b>Nolan Cooney (12) M</b>					
45.10Y	F # 42	Male 11-12 50 Breast	18	---	-1.44
53.13Y	F # 46	Male 11-12 50 Back	35	---	2.88
1:30.03Y	F # 50	Male 11-12 100 Free	36	---	---
		40.86 1:30.03 (40.86) (49.17)			
1:38.46Y DQ	F # 58	Male 11-12 100 IM	---	---	---
		49.49 1:38.46 (49.49) (48.97)			
<b>Holly Darby (12) F</b>					
49.33Y	F # 41	Female 11-12 50 Breast	66	---	-0.33
42.05Y	F # 45	Female 11-12 50 Back	60	---	-0.26

**Individual Meet Results**

**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards**

**Location: Phillips Exeter Academy**

**Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:15.32Y	F # 49 35.97 (35.97)	Female 11-12 100 Free 1:15.32 (39.35)	55	---	-0.03
45.22Y	F # 53	Female 11-12 50 Fly	58	---	1.09
1:34.49Y	F # 57 43.52 (43.52)	Female 11-12 100 IM 1:34.49 (50.97)	68	---	---
<b>Mary Darby (14) F</b>					
1:31.25Y	F # 15 42.79 (42.79)	Female 13-14 100 Breast 1:31.25 (48.46)	28	---	-2.26
1:15.25Y	F # 21 36.90 (36.90)	Female 13-14 100 Back 1:15.25 (38.35)	23	---	-1.80
1:06.91Y	F # 27 32.48 (32.48)	Female 13-14 100 Free 1:06.91 (34.43)	30	---	0.10
1:23.61Y	F # 33 39.49 (39.49)	Female 13-14 100 Fly 1:23.61 (44.12)	29	---	---
2:46.21Y	F # 39 39.12 (39.12)	Female 13-14 200 IM 1:19.88 2:09.82 2:46.21 (40.76) (49.94) (36.39)	13	4	---
<b>Olivia DeFreest (16) F</b>					
1:36.84Y	F # 43 44.50 (44.50)	Female 100 Breast 1:36.84 (52.34)	63	---	2.64
1:24.98Y	F # 47 (0.00)	Female 100 Back 1:24.98 (1:24.98)	68	---	-3.81
1:20.76Y	F # 51 37.51 (37.51)	Female 100 Free 1:20.76 (43.25)	77	---	6.83
NS	F # 55 (0.00)	Female 100 Fly (0.00)	---	---	---
NS	F # 59 (0.00)	Female 200 IM (0.00) (0.00) (0.00)	---	---	---
<b>Linda Delahunty (16) F</b>					
1:34.06Y	F # 43 44.37 (44.37)	Female 100 Breast 1:34.06 (49.69)	60	---	4.65
1:19.54Y	F # 47 38.80 (38.80)	Female 100 Back 1:19.54 (40.74)	61	---	7.08
1:12.98Y	F # 51 34.48 (34.48)	Female 100 Free 1:12.98 (38.50)	73	---	4.94

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:27.99Y	F # 55	Female 100 Fly	46	---	1.47
	40.85	1:27.99			
	(40.85)	(47.14)			
2:53.06Y	F # 59	Female 200 IM	42	---	2.45
	39.43	1:22.08 2:14.16 2:53.06			
	(39.43)	(42.65) (52.08) (38.90)			
<b>Jillian Deland (12) F</b>					
45.83Y	F # 41	Female 11-12 50 Breast	52	---	-0.70
41.97Y	F # 45	Female 11-12 50 Back	59	---	-0.01
1:16.76Y	F # 49	Female 11-12 100 Free	59	---	-3.62
	36.67	1:16.76			
	(36.67)	(40.09)			
48.36Y	F # 53	Female 11-12 50 Fly	69	---	-1.16
1:28.23Y	F # 57	Female 11-12 100 IM	58	---	-3.47
	42.09	1:28.23			
	(42.09)	(46.14)			
<b>Kyle Deland (17) M</b>					
1:10.13Y	F # 44	Male 100 Breast	10	7	3.58
	32.52	1:10.13			
	(32.52)	(37.61)			
53.71Y	F # 52	Male 100 Free	12	5	2.53
	24.99	53.71			
	(24.99)	(28.72)			
58.53Y	F # 56	Male 100 Fly	8	11	4.37
	27.53	58.53			
	(27.53)	(31.00)			
NS	F # 60	Male 200 IM	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
<b>Christina Denbow (16) F</b>					
27.76Y	F # 1	Female 11 & Over 50 Free	25	---	0.90
2:34.68Y	F # 3	Female 11 & Over 200 Breast	1	20	2.74
	36.27	1:15.74 1:55.10 2:34.68			
	(36.27)	(39.47) (39.36) (39.58)			
2:10.61Y	F # 7	Female 11 & Over 200 Free	17	---	6.12
	30.50	1:03.81 1:37.47 2:10.61			
	(30.50)	(33.31) (33.66) (33.14)			
1:11.31Y	F # 43	Female 100 Breast	1	20	1.51
	34.22	1:11.31			
	(34.22)	(37.09)			
59.68Y	F # 51	Female 100 Free	13	4	1.51
	29.03	59.68			
	(29.03)	(30.65)			
1:05.42Y	F # 55	Female 100 Fly	4	15	-0.62
	31.04	1:05.42			
	(31.04)	(34.38)			
2:24.85Y	F # 59	Female 200 IM	6	13	5.52
	30.12	1:08.14 1:46.14 2:24.85			
	(30.12)	(38.02) (38.00) (38.71)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Zachary Denbow (11) M</b>					
29.58Y	F # 2	Male 11 & Over 50 Free	47	---	0.26
2:58.23Y	F # 4	Male 11 & Over 200 Breast	11	6	-13.44
	41.55	1:26.63 2:13.81 2:58.23			
	(41.55)	(45.08) (47.18) (44.42)			
2:20.58Y	F # 8	Male 11 & Over 200 Free	29	---	3.29
	32.63	1:08.84 1:45.53 2:20.58			
	(32.63)	(36.21) (36.69) (35.05)			
37.89Y	F # 42	Male 11-12 50 Breast	1	20	-1.14
35.55Y	F # 46	Male 11-12 50 Back	9	9	-0.87
1:04.31Y	F # 50	Male 11-12 100 Free	4	15	-0.37
	31.10	1:04.31			
	(31.10)	(33.21)			
36.45Y	F # 54	Male 11-12 50 Fly	9	9	-0.70
1:13.83Y	F # 58	Male 11-12 100 IM	3	16	-2.97
	36.01	1:13.83			
	(36.01)	(37.82)			
<b>Katherine Donovan (17) F</b>					
28.45Y	F # 1	Female 11 & Over 50 Free	35	---	-0.15
2:13.41Y	F # 7	Female 11 & Over 200 Free	22	---	2.32
	30.45	1:03.94 1:38.34 2:13.41			
	(30.45)	(33.49) (34.40) (35.07)			
2:36.29Y	F # 9	Female 11 & Over 200 Fly	4	15	1.14
	32.91	1:12.03 1:53.76 2:36.29			
	(32.91)	(39.12) (41.73) (42.53)			
1:12.40Y	F # 47	Female 100 Back	39	---	1.43
	34.73	1:12.40			
	(34.73)	(37.67)			
1:00.26Y	F # 51	Female 100 Free	21	---	0.44
	29.09	1:00.26			
	(29.09)	(31.17)			
1:06.60Y	F # 55	Female 100 Fly	5	14	1.84
	31.06	1:06.60			
	(31.06)	(35.54)			
2:30.22Y	F # 59	Female 200 IM	12	5	2.20
	31.47	1:10.59 1:56.90 2:30.22			
	(31.47)	(39.12) (46.31) (33.32)			
<b>Madison Edwards (9) F</b>					
56.52Y	F # 13	Female 9-10 50 Breast	56	---	-1.22
50.65Y	F # 19	Female 9-10 50 Back	60	---	-0.99
40.52Y	F # 25	Female 9-10 50 Free	54	---	-3.68
1:53.39Y	F # 37	Female 9-10 100 IM	51	---	-1.01
	56.14	1:53.39			
	(56.14)	(57.25)			
<b>Kelsey Ewing (17) F</b>					
1:04.02Y	F # 47	Female 100 Back	5	14	-0.78
	31.18	1:04.02			
	(31.18)	(32.84)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
56.14Y	F # 51	Female 100 Free	3	16	2.29
	27.42	56.14			
	(27.42)	(28.72)			
1:04.45Y	F # 55	Female 100 Fly	3	16	5.47
	29.72	1:04.45			
	(29.72)	(34.73)			
2:16.25Y	F # 59	Female 200 IM	2	17	3.88
	30.07	1:04.57	1:45.35	2:16.25	
	(30.07)	(34.50)	(40.78)	(30.90)	
<b>Riley Ewing (14) M</b>					
1:01.58Y	F # 48	Male 100 Back	10	7	-1.66
	30.45	1:01.58			
	(30.45)	(31.13)			
56.15Y	F # 52	Male 100 Free	26	---	-0.64
	26.86	56.15			
	(26.86)	(29.29)			
1:06.26Y	F # 56	Male 100 Fly	23	---	-0.95
	31.37	1:06.26			
	(31.37)	(34.89)			
2:19.10Y	F # 60	Male 200 IM	17	---	-2.91
	31.25	1:04.46	1:47.08	2:19.10	
	(31.25)	(33.21)	(42.62)	(32.02)	
<b>Syrena Falkengren (15) F</b>					
1:39.32Y	F # 43	Female 100 Breast	64	---	---
	47.34	1:39.32			
	(47.34)	(51.98)			
1:22.07Y	F # 47	Female 100 Back	66	---	---
	41.19	1:22.07			
	(41.19)	(40.88)			
1:08.78Y	F # 51	Female 100 Free	66	---	---
	34.24	1:08.78			
	(34.24)	(34.54)			
1:44.16Y	F # 55	Female 100 Fly	49	---	---
	46.73	1:44.16			
	(46.73)	(57.43)			
3:06.38Y	F # 59	Female 200 IM	47	---	---
	48.09	1:33.29	2:28.62	3:06.38	
	(48.09)	(45.20)	(55.33)	(37.76)	
<b>Sarah Ferguson (9) F</b>					
53.81Y	F # 13	Female 9-10 50 Breast	48	---	-1.08
44.10Y	F # 19	Female 9-10 50 Back	28	---	-2.51
36.63Y	F # 25	Female 9-10 50 Free	32	---	0.23
48.65Y	F # 31	Female 9-10 50 Fly	30	---	-0.40
1:35.86Y	F # 37	Female 9-10 100 IM	27	---	-5.53
	44.13	1:35.86			
	(44.13)	(51.73)			
<b>Alex Golding (6) M</b>					
36.25Y DQ	F # 12	Male 8 & Under 25 Breast	---	---	---

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
29.06Y	F # 18	Male 8 & Under 25 Back	19	---	-1.07
25.38Y	F # 24	Male 8 & Under 25 Free	18	---	-1.72
<b>Kathleen Golding (10) F</b>					
1:26.95Y	F # 43	Female 100 Breast	48	---	-0.36
	41.27	1:26.95			
	(41.27)	(45.68)			
1:16.10Y	F # 47	Female 100 Back	53	---	---
	36.16	1:16.10			
	(36.16)	(39.94)			
1:03.34Y	F # 51	Female 100 Free	40	---	-2.25
	30.65	1:03.34			
	(30.65)	(32.69)			
1:16.92Y	F # 55	Female 100 Fly	30	---	-8.51
	36.89	1:16.92			
	(36.89)	(40.03)			
2:40.57Y	F # 59	Female 200 IM	27	---	-1.83
	36.41	1:16.65			
	(36.41)	(40.24)			
		2:06.06			
		(49.41)			
		2:40.57			
		(34.51)			
<b>Molly Golding (7) F</b>					
21.34Y	F # 11	Female 8 & Under 25 Breast	2	17	-1.67
21.59Y	F # 17	Female 8 & Under 25 Back	4	15	-0.51
16.16Y	F # 23	Female 8 & Under 25 Free	1	20	0.11
18.91Y	F # 29	Female 8 & Under 25 Fly	3	16	-1.10
1:33.47Y	F # 35	Female 8 & Under 100 IM	2	17	-2.38
	44.58	1:33.47			
	(44.58)	(48.89)			
<b>Sally Golding (6) F</b>					
30.78Y	F # 11	Female 8 & Under 25 Breast	18	---	-0.12
26.81Y	F # 17	Female 8 & Under 25 Back	28	---	0.46
23.28Y	F # 23	Female 8 & Under 25 Free	33	---	0.39
30.50Y	F # 29	Female 8 & Under 25 Fly	26	---	-2.52
<b>Allison Gown (7) F</b>					
32.06Y	F # 11	Female 8 & Under 25 Breast	22	---	---
25.07Y	F # 17	Female 8 & Under 25 Back	25	---	---
22.06Y	F # 23	Female 8 & Under 25 Free	26	---	---
29.97Y	F # 29	Female 8 & Under 25 Fly	25	---	---
2:10.15Y DQ	F # 35	Female 8 & Under 100 IM	---	---	---
	1:01.60	2:10.15			
	(1:01.60)	(1:08.55)			
<b>Caleb Grimm (13) M</b>					
2:14.11Y DQ	F # 16	Male 13-14 100 Breast	---	---	---
	58.33	2:14.11			
	(58.33)	(1:15.78)			
1:56.82Y	F # 22	Male 13-14 100 Back	25	---	---
	53.50	1:56.82			
	(53.50)	(1:03.32)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:38.65Y	F # 28	Male 13-14 100 Free	32	---	---
	44.47	1:38.65			
	(44.47)	(54.18)			
<b>Zachary Grimmatt (15) M</b>					
1:14.46Y	F # 44	Male 100 Breast	18	---	3.29
	34.88	1:14.46			
	(34.88)	(39.58)			
53.96Y	F # 52	Male 100 Free	13	4	0.12
	25.76	53.96			
	(25.76)	(28.20)			
1:01.72Y	F # 56	Male 100 Fly	15	2	-6.45
	28.45	1:01.72			
	(28.45)	(33.27)			
2:18.43Y	F # 60	Male 200 IM	16	1	-8.46
	28.46	1:05.13	1:47.37	2:18.43	
	(28.46)	(36.67)	(42.24)	(31.06)	
<b>Cole Hogg (16) M</b>					
22.50Y	F # 2	Male 11 & Over 50 Free	1	19	0.43
2:06.60Y	F # 6	Male 11 & Over 200 Back	3	16	1.30
	30.07	1:01.91	1:34.45	2:06.60	
	(30.07)	(31.84)	(32.54)	(32.15)	
1:49.00Y	F # 8	Male 11 & Over 200 Free	1	20	4.21
	24.51	51.35	1:19.54	1:49.00	
	(24.51)	(26.84)	(28.19)	(29.46)	
2:03.71Y	F # 10	Male 11 & Over 200 Fly	1	20	3.38
	27.97	58.10	1:30.72	2:03.71	
	(27.97)	(30.13)	(32.62)	(32.99)	
58.31Y	F # 48	Male 100 Back	6	13	-0.61
	26.84	58.31			
	(26.84)	(31.47)			
48.71Y	F # 52	Male 100 Free	1	20	0.43
	23.62	48.71			
	(23.62)	(25.09)			
55.22Y	F # 56	Male 100 Fly	1	20	-1.28
	26.15	55.22			
	(26.15)	(29.07)			
2:04.35Y	F # 60	Male 200 IM	2	17	2.57
	26.67	58.95	1:36.50	2:04.35	
	(26.67)	(32.28)	(37.55)	(27.85)	
<b>Antony Hubbard (15) M</b>					
23.96Y	F # 2	Male 11 & Over 50 Free	5	14	0.16
2:07.14Y	F # 6	Male 11 & Over 200 Back	4	15	---
	29.61	1:01.55	1:34.35	2:07.14	
	(29.61)	(31.94)	(32.80)	(32.79)	
1:50.31Y	F # 8	Male 11 & Over 200 Free	2	17	-0.21
	26.03	53.68	1:22.15	1:50.31	
	(26.03)	(27.65)	(28.47)	(28.16)	

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
58.16Y	F # 48	Male 100 Back	5	14	-1.52
	28.20	58.16			
	(28.20)	(29.96)			
51.15Y	F # 52	Male 100 Free	4	15	0.09
	24.79	51.15			
	(24.79)	(26.36)			
57.26Y	F # 56	Male 100 Fly	4	15	-1.70
	27.00	57.26			
	(27.00)	(30.26)			
2:12.36Y	F # 60	Male 200 IM	6	13	---
	27.93	1:02.81	1:44.11	2:12.36	
	(27.93)	(34.88)	(41.30)	(28.25)	
<b>Kathleen Jenkins (10) F</b>					
1:35.03Y	F # 43	Female 100 Breast	61	---	---
	44.30	1:35.03			
	(44.30)	(50.73)			
1:15.80Y	F # 47	Female 100 Back	52	---	2.04
	37.29	1:15.80			
	(37.29)	(38.51)			
1:08.59Y	F # 51	Female 100 Free	65	---	1.04
	32.45	1:08.59			
	(32.45)	(36.14)			
1:19.28Y	F # 55	Female 100 Fly	38	---	-0.70
	36.21	1:19.28			
	(36.21)	(43.07)			
2:50.01Y	F # 59	Female 200 IM	41	---	-1.49
	38.24	1:19.00	2:12.52	2:50.01	
	(38.24)	(40.76)	(53.52)	(37.49)	
<b>Robert Jenkins (16) M</b>					
27.09Y	F # 2	Male 11 & Over 50 Free	34	---	0.64
2:12.03Y	F # 8	Male 11 & Over 200 Free	24	---	5.85
	29.54	1:03.29	1:38.16	2:12.03	
	(29.54)	(33.75)	(34.87)	(33.87)	
2:35.91Y	F # 10	Male 11 & Over 200 Fly	6	13	8.00
	33.59	1:12.54	1:54.31	2:35.91	
	(33.59)	(38.95)	(41.77)	(41.60)	
1:19.09Y	F # 44	Male 100 Breast	25	---	-3.40
	36.88	1:19.09			
	(36.88)	(42.21)			
58.08Y	F # 52	Male 100 Free	33	---	0.63
1:07.75Y	F # 56	Male 100 Fly	26	---	3.15
	31.19	1:07.75			
	(31.19)	(36.56)			
2:32.59Y	F # 60	Male 200 IM	27	---	6.21
	1:26.80	1:45.11	2:12.91	2:32.59	
	(1:26.80)	(18.31)	(27.80)	(19.68)	
<b>Cary Lee (11) M</b>					
54.00Y	F # 42	Male 11-12 50 Breast	32	---	0.12
48.69Y	F # 46	Male 11-12 50 Back	30	---	0.61

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:34.25Y	F # 50	Male 11-12 100 Free	38	---	---
	44.37	1:34.25			
	(44.37)	(49.88)			
1:47.10Y	F # 58	Male 11-12 100 IM	28	---	---
	52.96	1:47.10			
	(52.96)	(54.14)			
<b>Taylor Lee (9) F</b>					
51.94Y	F # 13	Female 9-10 50 Breast	37	---	-0.91
51.65Y	F # 19	Female 9-10 50 Back	62	---	2.20
41.18Y	F # 25	Female 9-10 50 Free	57	---	-0.16
58.43Y	F # 31	Female 9-10 50 Fly	46	---	0.66
1:48.62Y	F # 37	Female 9-10 100 IM	46	---	---
	52.66	1:48.62			
	(52.66)	(55.96)			
<b>Liam MacDermott (11) M</b>					
1:04.80Y	F # 42	Male 11-12 50 Breast	34	---	-0.28
1:01.18Y	F # 46	Male 11-12 50 Back	38	---	4.22
2:00.13Y	F # 50	Male 11-12 100 Free	44	---	2.07
		2:00.13			
	(0.00)	(2:00.13)			
2:16.87Y DQ	F # 58	Male 11-12 100 IM	---	---	---
	1:07.59	2:16.87			
	(1:07.59)	(1:09.28)			
<b>Makayla MacDermott (9) F</b>					
56.87Y	F # 13	Female 9-10 50 Breast	57	---	-3.06
56.99Y	F # 19	Female 9-10 50 Back	75	---	0.34
45.29Y	F # 25	Female 9-10 50 Free	73	---	1.53
1:58.71Y	F # 37	Female 9-10 100 IM	55	---	---
	55.23	1:58.71			
	(55.23)	(1:03.48)			
<b>Ashley Martin (12) F</b>					
46.01Y	F # 41	Female 11-12 50 Breast	54	---	---
38.62Y	F # 45	Female 11-12 50 Back	42	---	---
1:11.89Y	F # 49	Female 11-12 100 Free	41	---	---
	32.77	1:11.89			
	(32.77)	(39.12)			
43.01Y	F # 53	Female 11-12 50 Fly	55	---	---
1:29.87Y	F # 57	Female 11-12 100 IM	62	---	---
	41.01	1:29.87			
	(41.01)	(48.86)			
<b>Matthew McKee (17) M</b>					
1:11.78Y	F # 48	Male 100 Back	30	---	0.19
		1:11.78			
	(0.00)	(1:11.78)			
58.22Y	F # 52	Male 100 Free	34	---	1.08
1:03.93Y	F # 56	Male 100 Fly	19	---	-0.23
	29.40	1:03.93			
	(29.40)	(34.53)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
NS	F # 60	Male 200 IM	---	---	---
	16.72	35.59 54.59			
	(16.72)	(18.87) (19.00) (54.59)			
<b>Danielle Morin (15) F</b>					
29.72Y	F # 1	Female 11 & Over 50 Free	64	---	-0.43
3:14.53Y	F # 3	Female 11 & Over 200 Breast	33	---	5.07
	43.90	1:33.02 2:24.10 3:14.53			
	(43.90)	(49.12) (51.08) (50.43)			
2:23.04Y	F # 7	Female 11 & Over 200 Free	53	---	6.26
	31.67	1:06.79 1:44.95 2:23.04			
	(31.67)	(35.12) (38.16) (38.09)			
1:31.08Y	F # 43	Female 100 Breast	56	---	6.15
	42.49	1:31.08			
	(42.49)	(48.59)			
1:04.49Y	F # 51	Female 100 Free	48	---	2.04
	30.48	1:04.49			
	(30.48)	(34.01)			
1:22.33Y	F # 55	Female 100 Fly	42	---	1.50
	38.03	1:22.33			
	(38.03)	(44.30)			
2:48.78Y	F # 59	Female 200 IM	40	---	6.09
	37.16	1:21.49 2:13.39 2:48.78			
	(37.16)	(44.33) (51.90) (35.39)			
<b>Elizabeth Morin (17) F</b>					
29.13Y	F # 1	Female 11 & Over 50 Free	51	---	1.16
2:54.16Y	F # 3	Female 11 & Over 200 Breast	19	---	6.54
	40.07	1:24.42 2:09.19 2:54.16			
	(40.07)	(44.35) (44.77) (44.97)			
2:17.22Y	F # 7	Female 11 & Over 200 Free	33	---	5.69
	31.34	1:05.71 1:41.45 2:17.22			
	(31.34)	(34.37) (35.74) (35.77)			
1:20.43Y	F # 43	Female 100 Breast	22	---	3.32
	37.48	1:20.43			
	(37.48)	(42.95)			
1:14.48Y	F # 47	Female 100 Back	47	---	4.81
	36.57	1:14.48			
	(36.57)	(37.91)			
1:02.98Y	F # 51	Female 100 Free	37	---	1.94
	30.15	1:02.98			
	(30.15)	(32.83)			
<b>Stephen Muzzey (17) M</b>					
24.97Y	F # 2	Male 11 & Over 50 Free	11	6	0.41
2:01.23Y	F # 8	Male 11 & Over 200 Free	11	6	8.48
	27.05	56.82 1:28.65 2:01.23			
	(27.05)	(29.77) (31.83) (32.58)			
2:13.71Y	F # 10	Male 11 & Over 200 Fly	2	17	10.97
	28.74	1:01.52 1:36.82 2:13.71			
	(28.74)	(32.78) (35.30) (36.89)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:02.13Y	F # 48 30.47 (30.47)	Male 100 Back 1:02.13 (31.66)	11	6	-0.47
54.28Y	F # 52 26.04 (26.04)	Male 100 Free 54.28 (28.24)	14	3	2.49
58.06Y	F # 56 27.30 (27.30)	Male 100 Fly 58.06 (30.76)	7	12	3.56
2:21.16Y	F # 60 26.68 (26.68)	Male 200 IM 1:03.40 2:00.95 2:21.16 (36.72) (57.55) (20.21)	22	---	14.93
<b>Olivia Neville (9) F</b>					
52.62Y	F # 13	Female 9-10 50 Breast	42	---	-5.73
44.67Y DQ	F # 19	Female 9-10 50 Back	---	---	---
34.63Y	F # 25	Female 9-10 50 Free	18	---	-0.08
43.00Y	F # 31	Female 9-10 50 Fly	14	3	-3.78
1:32.15Y	F # 37 42.67 (42.67)	Female 9-10 100 IM 1:32.15 (49.48)	21	---	-7.51
<b>Samuel Neville (5) M</b>					
DQ	F # 18	Male 8 & Under 25 Back	---	---	---
59.56Y	F # 24	Male 8 & Under 25 Free	25	---	---
<b>Marko Novcic (12) M</b>					
1:28.80Y	F # 44 42.00 (42.00)	Male 100 Breast 1:28.80 (46.80)	34	---	-28.88
1:21.29Y DQ	F # 48 39.13 (39.13)	Male 100 Back 1:21.29 (42.16)	---	---	---
1:06.72Y	F # 52 31.45 (31.45)	Male 100 Free 1:06.72 (35.27)	50	---	-5.81
1:33.93Y	F # 56 41.82 (41.82)	Male 100 Fly 1:33.93 (52.11)	36	---	---
2:58.32Y	F # 60 40.51 (40.51)	Male 200 IM 1:25.91 2:20.55 2:58.32 (45.40) (54.64) (37.77)	35	---	---
<b>Kathryn O'Neil (15) F</b>					
1:23.13Y	F # 43 39.91 (39.91)	Female 100 Breast 1:23.13 (43.22)	27	---	-0.37
1:13.55Y	F # 47 36.71 (36.71)	Female 100 Back 1:13.55 (36.84)	44	---	0.94

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:03.26Y	F # 51	Female 100 Free	39	---	0.09
	30.76	1:03.26			
	(30.76)	(32.50)			
1:16.81Y	F # 55	Female 100 Fly	29	---	0.65
	36.46	1:16.81			
	(36.46)	(40.35)			
2:37.16Y	F # 59	Female 200 IM	23	---	-10.92
	35.41	1:15.61 2:03.01 2:37.16			
	(35.41)	(40.20) (47.40) (34.15)			
<b>Emily Peach (12) F</b>					
43.64Y	F # 41	Female 11-12 50 Breast	38	---	-1.94
40.61Y	F # 45	Female 11-12 50 Back	52	---	-1.21
1:11.51Y	F # 49	Female 11-12 100 Free	39	---	-5.40
		1:11.51			
	(0.00)	(1:11.51)			
49.19Y	F # 53	Female 11-12 50 Fly	71	---	-1.58
1:28.99Y	F # 57	Female 11-12 100 IM	59	---	-7.39
	44.33	1:28.99			
	(44.33)	(44.66)			
<b>Taylor Peach (14) M</b>					
1:54.04Y	F # 16	Male 13-14 100 Breast	29	---	-0.09
	55.69	1:54.04			
	(55.69)	(58.35)			
2:08.23Y DQ	F # 22	Male 13-14 100 Back	---	---	---
	2:11.67	2:08.23			
	(2:11.67)	(3.44)			
1:38.42Y	F # 28	Male 13-14 100 Free	31	---	-1.66
	48.39	1:38.42			
	(48.39)	(50.03)			
<b>Lauren Pelletier (8) F</b>					
20.75Y	F # 23	Female 8 & Under 25 Free	18	---	-1.23
NS	F # 29	Female 8 & Under 25 Fly	---	---	---
2:16.90Y	F # 35	Female 8 & Under 100 IM	17	---	---
	1:09.45	2:16.90			
	(1:09.45)	(1:07.45)			
NS	F # 45	Female 11-12 50 Back	---	---	---
<b>McKenzie Phelps (9) F</b>					
53.98Y DQ	F # 13	Female 9-10 50 Breast	---	---	---
50.36Y	F # 19	Female 9-10 50 Back	57	---	-5.76
44.07Y	F # 25	Female 9-10 50 Free	67	---	-7.80
1:46.26Y	F # 37	Female 9-10 100 IM	42	---	-13.72
	52.10	1:46.26			
	(52.10)	(54.16)			
<b>Julia Poirier (10) F</b>					
1:04.10Y	F # 13	Female 9-10 50 Breast	68	---	---
54.74Y	F # 19	Female 9-10 50 Back	68	---	---
42.20Y	F # 25	Female 9-10 50 Free	58	---	---

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
<b>Lindsey Poremba (15) F</b>					
1:25.23Y	F # 43	Female 100 Breast	37	---	-1.84
	40.57	1:25.23			
	(40.57)	(44.66)			
1:16.18Y	F # 47	Female 100 Back	54	---	1.67
	37.98	1:16.18			
	(37.98)	(38.20)			
1:04.08Y	F # 51	Female 100 Free	46	---	-1.86
	30.96	1:04.08			
	(30.96)	(33.12)			
1:19.22Y	F # 55	Female 100 Fly	37	---	1.46
	37.08	1:19.22			
	(37.08)	(42.14)			
NS	F # 59	Female 200 IM	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
<b>Megan Poremba (12) F</b>					
44.53Y	F # 41	Female 11-12 50 Breast	43	---	0.10
39.25Y	F # 45	Female 11-12 50 Back	44	---	-0.28
1:08.42Y	F # 49	Female 11-12 100 Free	31	---	-0.63
	33.00	1:08.42			
	(33.00)	(35.42)			
38.58Y	F # 53	Female 11-12 50 Fly	42	---	-3.12
1:25.42Y	F # 57	Female 11-12 100 IM	51	---	3.59
	39.99	1:25.42			
	(39.99)	(45.43)			
<b>Kayla Poulin (16) F</b>					
1:25.65Y	F # 43	Female 100 Breast	41	---	0.09
	40.69	1:25.65			
	(40.69)	(44.96)			
1:22.66Y	F # 47	Female 100 Back	67	---	2.16
	40.18	1:22.66			
	(40.18)	(42.48)			
1:07.86Y	F # 51	Female 100 Free	62	---	2.53
	33.04	1:07.86			
	(33.04)	(34.82)			
NS	F # 55	Female 100 Fly	---	---	---
	(0.00)	(0.00)			
2:48.19Y	F # 59	Female 200 IM	36	---	0.26
	36.08	1:21.71 2:06.12 2:48.19			
	(36.08)	(45.63) (44.41) (42.07)			
<b>Alaina Pribis (13) F</b>					
28.45Y	F # 1	Female 11 & Over 50 Free	35	---	1.02
2:48.06Y	F # 3	Female 11 & Over 200 Breast	13	4	6.20
	37.72	1:20.17 2:04.13 2:48.06			
	(37.72)	(42.45) (43.96) (43.93)			
2:28.89Y	F # 5	Female 11 & Over 200 Back	23	---	8.94
	35.55	1:13.09 1:50.91 2:28.89			
	(35.55)	(37.54) (37.82) (37.98)			

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
1:17.33Y	F # 43 36.84 (36.84)	Female 100 Breast 1:17.33 (40.49)	8	11	3.95
1:08.96Y	F # 47 33.97 (33.97)	Female 100 Back 1:08.96 (34.99)	16	1	0.86
1:02.25Y	F # 51 29.93 (29.93)	Female 100 Free 1:02.25 (32.32)	31	---	3.97
2:26.97Y	F # 59 33.44 (33.44)	Female 200 IM 1:10.59 1:53.04 2:26.97 (37.15) (42.45) (33.93)	8	11	4.52
<b>Carter Pribis (17) M</b>					
NS	F # 2	Male 11 & Over 50 Free	---	---	---
1:09.74Y	F # 44 32.37 (32.37)	Male 100 Breast 1:09.74 (37.37)	9	9	5.02
58.12Y	F # 48 27.89 (27.89)	Male 100 Back 58.12 (30.23)	4	15	4.56
52.94Y	F # 52 25.59 (25.59)	Male 100 Free 52.94 (27.35)	6	13	3.48
2:10.95Y	F # 60 27.70 (27.70)	Male 200 IM 58.81 1:40.62 2:10.95 (31.11) (41.81) (30.33)	4	15	10.27
<b>Karam Sandhu (13) M</b>					
1:23.01Y	F # 44 38.33 (38.33)	Male 100 Breast 1:23.01 (44.68)	29	---	-2.48
1:11.02Y	F # 48 34.62 (34.62)	Male 100 Back 1:11.02 (36.40)	28	---	-2.37
1:02.08Y	F # 52 29.87 (29.87)	Male 100 Free 1:02.08 (32.21)	45	---	-0.87
1:16.46Y	F # 56 34.03 (34.03)	Male 100 Fly 1:16.46 (42.43)	29	---	-2.51
2:36.86Y	F # 60 1:10.24 (1:10.24)	Male 200 IM 1:29.92 1:53.98 2:36.86 (19.68) (24.06) (42.88)	29	---	-8.01
<b>Milan Sandhu (16) M</b>					
1:03.12Y	F # 48 30.33 (30.33)	Male 100 Back 1:03.12 (32.79)	15	2	1.27
52.66Y	F # 52 25.58 (25.58)	Male 100 Free 52.66 (27.08)	5	14	0.10

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
58.05Y	F # 56 27.77 (27.77)	Male 100 Fly 58.05 (30.28)	6	13	1.54
2:14.61Y	F # 60 27.56 (27.56)	Male 200 IM 1:03.40 1:44.30 2:14.61 (35.84) (40.90) (30.31)	9	9	3.72
<b>Neelam Sandhu (11) F</b>					
45.38Y	F # 41	Female 11-12 50 Breast	48	---	-2.04
43.69Y	F # 45	Female 11-12 50 Back	69	---	0.95
1:16.13Y	F # 49 37.14 (37.14)	Female 11-12 100 Free 1:16.13 (38.99)	56	---	-5.62
43.98Y	F # 53	Female 11-12 50 Fly	56	---	-0.18
1:30.02Y	F # 57 43.77 (43.77)	Female 11-12 100 IM 1:30.02 (46.25)	63	---	-5.13
<b>Aimee St. Germain (16) F</b>					
30.08Y	F # 1	Female 11 & Over 50 Free	70	---	0.55
2:44.01Y	F # 5 37.58 (37.58)	Female 11 & Over 200 Back 1:18.65 2:01.52 2:44.01 (41.07) (42.87) (42.49)	44	---	0.18
2:17.12Y	F # 7 32.07 (32.07)	Female 11 & Over 200 Free 1:06.89 1:42.05 2:17.12 (34.82) (35.16) (35.07)	31	---	0.67
<b>Laura St. Germain (10) F</b>					
NS	F # 13	Female 9-10 50 Breast	---	---	---
NS	F # 19	Female 9-10 50 Back	---	---	---
NS	F # 25	Female 9-10 50 Free	---	---	---
<b>Noelle Theodoulou (11) F</b>					
1:25.25Y	F # 43 40.49 (40.49)	Female 100 Breast 1:25.25 (44.76)	38	---	-9.12
1:13.60Y	F # 47 34.82 (34.82)	Female 100 Back 1:13.60 (38.78)	45	---	-4.74
1:02.05Y	F # 51 29.89 (29.89)	Female 100 Free 1:02.05 (32.16)	28	---	-1.05
1:11.70Y	F # 55 33.65 (33.65)	Female 100 Fly 1:11.70 (38.05)	17	---	-7.34
2:36.22Y	F # 59 32.16 (32.16)	Female 200 IM 1:11.60 2:00.47 2:36.22 (39.44) (48.87) (35.75)	21	---	-9.43
<b>Kaitlin Turmel (10) F</b>					
53.35Y	F # 13	Female 9-10 50 Breast	45	---	0.61
48.30Y	F # 19	Female 9-10 50 Back	51	---	-0.63
40.98Y	F # 25	Female 9-10 50 Free	56	---	2.70

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**Individual Meet Results**
**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards****Location: Phillips Exeter Academy****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
50.11Y	F # 31	Female 9-10 50 Fly	33	---	-1.78
1:40.67Y	F # 37	Female 9-10 100 IM	39	---	0.03
	48.05	1:40.67			
	(48.05)	(52.62)			
<b>Alana Westwater (16) F</b>					
1:21.52Y	F # 43	Female 100 Breast	25	---	0.04
	38.56	1:21.52			
	(38.56)	(42.96)			
1:07.85Y	F # 47	Female 100 Back	12	5	1.16
	32.14	1:07.85			
	(32.14)	(35.71)			
58.48Y	F # 51	Female 100 Free	8	11	1.76
	27.55	58.48			
	(27.55)	(30.93)			
2:32.68Y	F # 59	Female 200 IM	16	1	-6.97
	30.54	1:55.11	1:38.97	2:32.68	
	(30.54)	(1:24.57)	(16.14)	(53.71)	
<b>Kaelin Willette (13) F</b>					
1:25.58Y	F # 43	Female 100 Breast	40	---	-0.23
	39.95	1:25.58			
	(39.95)	(45.63)			
1:13.34Y	F # 47	Female 100 Back	43	---	0.98
	35.68	1:13.34			
	(35.68)	(37.66)			
1:02.96Y	F # 51	Female 100 Free	36	---	1.65
	30.13	1:02.96			
	(30.13)	(32.83)			
NS	F # 55	Female 100 Fly	---	---	---
	(0.00)	(0.00)			
2:37.36Y	F # 59	Female 200 IM	24	---	2.87
	32.48	1:12.92	2:01.71	2:37.36	
	(32.48)	(40.44)	(48.79)	(35.65)	
<b>Olivia Wons (15) F</b>					
27.35Y	F # 1	Female 11 & Over 50 Free	21	---	-0.70
2:23.15Y	F # 5	Female 11 & Over 200 Back	9	9	-3.21
	33.33	1:08.51	1:45.96	2:23.15	
	(33.33)	(35.18)	(37.45)	(37.19)	
2:07.17Y	F # 7	Female 11 & Over 200 Free	6	13	0.75
	29.45	1:00.90	1:33.95	2:07.17	
	(29.45)	(31.45)	(33.05)	(33.22)	
1:17.48Y	F # 43	Female 100 Breast	9	9	-2.66
	36.77	1:17.48			
	(36.77)	(40.71)			
1:06.61Y	F # 47	Female 100 Back	10	7	1.91
	32.26	1:06.61			
	(32.26)	(34.35)			
59.80Y	F # 51	Female 100 Free	14	3	0.43
	28.74	59.80			
	(28.74)	(31.06)			

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**Individual Meet Results**

**Exeter Sprints 03-Dec-10 to 04-Dec-10 Yards**

**Location: Phillips Exeter Academy**

**Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

<b>Time</b>	<b>F/P/S</b>	<b>Event</b>	<b>Place</b>	<b>Points</b>	<b>Improv</b>
2:27.00Y	F # 59	Female 200 IM	9	9	-4.55
	30.48	1:06.11 1:52.64			
	(30.48)	(35.63) (46.53)			(34.36)