
Individual Meet Results
MST Pentathlon 05-Jun-10 SC Meters**Location: SNHU, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
Elizabeth Aldrich (13) F					
1:16.76S	F # 5B	Female 13-14 100 Fly	3	---	1.39
	35.66	1:16.76			
	(35.66)	(41.10)			
1:24.65S	F # 11B	Female 13-14 100 Back	5	---	3.00
	40.85	1:24.65			
	(40.85)	(43.80)			
1:36.95S	F # 17B	Female 13-14 100 Breast	4	---	5.60
	45.40	1:36.95			
	(45.40)	(51.55)			
1:08.12S	F # 23B	Female 13-14 100 Free	3	---	1.69
	32.00	1:08.12			
	(32.00)	(36.12)			
5:44.87S	F # 29B	Female 13-14 400 IM	1	---	-0.39
	36.05	1:18.83	2:07.27	2:53.85	3:44.89
					4:34.27
					5:10.94
					5:44.87
	(36.05)	(42.78)	(48.44)	(46.58)	(51.04)
					(49.38)
					(36.67)
					(33.93)
Katherine Aldrich (16) F					
DQ	F # 31A	Female 100 Breast	---	---	---
Hayley Berg (16) F					
1:35.41S	F # 31A	Female 100 Breast	2	---	0.50
Katherine Berg (13) F					
46.11S	F # 3D	Female 13-14 50 Fly	3	---	-1.95
1:42.12S	F # 11B	Female 13-14 100 Back	10	---	0.15
	50.39	1:42.12			
	(50.39)	(51.73)			
1:45.92S	F # 17B	Female 13-14 100 Breast	10	---	-3.04
	51.21	1:45.92			
	(51.21)	(54.71)			
1:18.17S	F # 23B	Female 13-14 100 Free	9	---	-1.31
	37.25	1:18.17			
	(37.25)	(40.92)			
3:20.40S DQ	F # 27D	Female 13-14 200 IM	---	---	---
	50.14	1:43.51	2:37.72	3:20.40	
	(50.14)	(53.37)	(54.21)	(42.68)	
Zachary Bonte (12) M					
1:40.44S	F # 6A	Male 11-12 100 Fly	2	---	---
	45.71	1:40.44			
	(45.71)	(54.73)			
1:24.82S	F # 12A	Male 11-12 100 Back	1	---	---
	41.87	1:24.82			
	(41.87)	(42.95)			
1:41.74S	F # 18A	Male 11-12 100 Breast	2	---	---
	49.05	1:41.74			
	(49.05)	(52.69)			
1:14.39S	F # 24A	Male 11-12 100 Free	2	---	-8.45
	36.43	1:14.39			
	(36.43)	(37.96)			

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Time	F/P/S	Event	Place	Points	Improv
NS	F # 28C (0.00)	Male 11-12 200 IM (0.00) (0.00) (0.00)	---	---	---
Elisa Chen (11) F					
1:04.30S	F # 3C	Female 11-12 50 Fly	11	---	-3.90
53.92S	F # 9C	Female 11-12 50 Back	13	---	-2.37
1:05.24S	F # 15C	Female 11-12 50 Breast	11	---	0.79
	15:00.00 (15:00.00)	1:05.24 (0.00) (1:05.24)			
47.66S	F # 21C	Female 11-12 50 Free	12	---	0.10
4:35.92S	F # 27C	Female 11-12 200 IM	12	---	-9.70
	1:08.85 (1:08.85)	2:15.18 (1:06.33)	3:34.53 (1:19.35)	4:35.92 (1:01.39)	
Sophia Coffey (12) F					
1:33.20S	F # 5A	Female 11-12 100 Fly	2	---	---
	42.64 (42.64)	1:33.20 (50.56)			
1:32.27S	F # 11A	Female 11-12 100 Back	2	---	0.63
	43.59 (43.59)	1:32.27 (48.68)			
1:52.61S	F # 17A	Female 11-12 100 Breast	2	---	-3.15
	52.78 (52.78)	1:52.61 (59.83)			
1:20.07S	F # 23A	Female 11-12 100 Free	2	---	2.30
	37.24 (37.24)	1:20.07 (42.83)			
3:21.65S	F # 27C	Female 11-12 200 IM	6	---	8.62
	45.18 (45.18)	1:34.73 (49.55)	2:37.09 (1:02.36)	3:21.65 (44.56)	
Nolan Cooney (11) M					
1:01.04S	F # 10C	Male 11-12 50 Back	3	---	-10.65
1:05.45S	F # 16C	Male 11-12 50 Breast	2	---	---
59.26S	F # 22C	Male 11-12 50 Free	3	---	-7.13
Olivia DeFreest (16) F					
1:34.71S	F # 5C	Female 15-16 100 Fly	4	---	-15.08
	43.41 (43.41)	1:34.71 (51.30)			
1:32.59S	F # 11C	Female 15-16 100 Back	6	---	-7.99
	44.74 (44.74)	1:32.59 (47.85)			
1:46.03S	F # 17C	Female 15-16 100 Breast	8	---	0.74
	49.02 (49.02)	1:46.03 (57.01)			
1:19.63S	F # 23C	Female 15-16 100 Free	6	---	-5.14
	38.14 (38.14)	1:19.63 (41.49)			
3:19.73S	F # 27E	Female 15-16 200 IM	3	---	-11.72
	41.50 (41.50)	1:34.40 (52.90)	2:33.65 (59.25)	3:19.73 (46.08)	

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Time	F/P/S	Event	Place	Points	Improv
David Delahunty (15) M					
31.86S	F # 4E	Male 15-16 50 Fly	1	---	-2.12
1:15.06S	F # 12C	Male 15-16 100 Back	5	---	1.48
	35.34	1:15.06			
	(35.34)	(39.72)			
1:26.14S	F # 18C	Male 15-16 100 Breast	4	---	3.70
	41.70	1:26.14			
	(41.70)	(44.44)			
1:03.80S	F # 24C	Male 15-16 100 Free	5	---	-0.06
	31.16	1:03.80			
	(31.16)	(32.64)			
2:40.50S	F # 28E	Male 15-16 200 IM	1	---	-0.84
	33.85	1:15.40			
		2:05.01			
	(33.85)	(41.55)			(49.61)
					(35.49)
Linda Delahunty (15) F					
1:33.01S	F # 5C	Female 15-16 100 Fly	3	---	-8.30
	43.41	1:33.01			
	(43.41)	(49.60)			
1:25.72S	F # 11C	Female 15-16 100 Back	5	---	1.37
	41.54	1:25.72			
	(41.54)	(44.18)			
1:45.29S	F # 17C	Female 15-16 100 Breast	7	---	1.50
	50.19	1:45.29			
	(50.19)	(55.10)			
1:20.26S	F # 23C	Female 15-16 100 Free	7	---	2.35
	37.43	1:20.26			
	(37.43)	(42.83)			
3:12.40S	F # 27E	Female 15-16 200 IM	2	---	7.31
	44.97	1:30.96			
		2:28.87			
	(44.97)	(45.99)			(57.91)
					(43.53)
Christina Denbow (15) F					
1:24.04S	F # 17C	Female 15-16 100 Breast	2	---	2.71
1:08.26S	F # 23C	Female 15-16 100 Free	3	---	1.56
	33.40	1:08.26			
	(33.40)	(34.86)			
5:40.95S	F # 29C	Female 15-16 400 IM	2	---	5.60
	36.29	1:17.99			
		2:04.09			
		2:49.40			
	(36.29)	(41.70)			(46.10)
					(45.31)
					(46.23)
					(46.35)
					(40.03)
					(38.94)
Zachary Denbow (11) M					
1:36.88S	F # 6A	Male 11-12 100 Fly	1	---	---
	45.00	1:36.88			
	(45.00)	(51.88)			
1:30.12S	F # 12A	Male 11-12 100 Back	2	---	---
	44.31	1:30.12			
	(44.31)	(45.81)			
1:36.55S	F # 18A	Male 11-12 100 Breast	1	---	---
	46.05	1:36.55			
	(46.05)	(50.50)			

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Time	F/P/S	Event	Place	Points	Improv
1:14.02S	F # 24A	Male 11-12 100 Free	1	---	-3.48
	36.19	1:14.02			
	(36.19)	(37.83)			
3:05.07S	F # 28C	Male 11-12 200 IM	1	---	-17.16
	44.66	1:35.34	2:27.67	3:05.07	
	(44.66)	(50.68)	(52.33)	(37.40)	
Katherine Donovan (17) F					
1:20.96S	F # 5D	Female 17 & Over 100 Fly	1	---	15.39
	37.18	1:20.96			
	(37.18)	(43.78)			
1:30.33S	F # 11D	Female 17 & Over 100 Back	2	---	9.12
	44.13	1:30.33			
	(44.13)	(46.20)			
1:41.91S	F # 17D	Female 17 & Over 100 Breast	2	---	5.76
	48.04	1:41.91			
	(48.04)	(53.87)			
1:16.46S	F # 23D	Female 17 & Over 100 Free	2	---	9.09
	36.41	1:16.46			
	(36.41)	(40.05)			
6:20.34S	F # 29D	Female 17 & Over 400 IM	2	---	25.41
	39.21	1:25.71	2:16.26	3:05.58	4:01.76
	(39.21)	(46.50)	(50.55)	(49.32)	(56.18)
					(55.32)
					(41.69)
					(41.57)
Kelsey Ewing (16) F					
1:09.17S	F # 5C	Female 15-16 100 Fly	1	---	-3.58
	31.97	1:09.17			
	(31.97)	(37.20)			
1:11.90S	F # 11C	Female 15-16 100 Back	1	---	-1.68
	34.75	1:11.90			
	(34.75)	(37.15)			
1:23.64S	F # 17C	Female 15-16 100 Breast	1	---	-1.75
	38.82	1:23.64			
	(38.82)	(44.82)			
1:02.95S	F # 23C	Female 15-16 100 Free	1	---	-1.43
	30.25	1:02.95			
	(30.25)	(32.70)			
5:25.79S	F # 29C	Female 15-16 400 IM	1	---	-9.26
	33.50	1:13.00	1:53.96	2:35.61	3:22.97
	(33.50)	(39.50)	(40.96)	(41.65)	(47.36)
					(47.97)
					(37.24)
					(37.61)
Sarah Ferguson (8) F					
54.01S	F # 3A	Female 8 & Under 50 Fly	1	---	-6.49
51.79S	F # 9A	Female 8 & Under 50 Back	1	---	-3.84
1:05.24S	F # 15A	Female 8 & Under 50 Breast	2	---	-1.58
43.38S	F # 21A	Female 8 & Under 50 Free	1	---	-0.47
4:08.00S	F # 27A	Female 8 & Under 200 IM	1	---	---
	57.45	2:00.69	3:13.18	4:08.00	
	(57.45)	(1:03.24)	(1:12.49)	(54.82)	

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Time	F/P/S	Event	Place	Points	Improv
Matthew Goczalk (19) M					
1:11.79S	F # 6D	Male 17 & Over 100 Fly	1	---	-2.23
	33.63	1:11.79			
	(33.63)	(38.16)			
1:16.27S	F # 12D	Male 17 & Over 100 Back	2	---	1.61
	36.72	1:16.27			
	(36.72)	(39.55)			
1:31.15S	F # 18D	Male 17 & Over 100 Breast	2	---	-2.25
	42.85	1:31.15			
	(42.85)	(48.30)			
1:01.79S	F # 24D	Male 17 & Over 100 Free	2	---	0.10
	29.29	1:01.79			
	(29.29)	(32.50)			
5:34.83S	F # 30D	Male 17 & Over 400 IM	1	---	8.98
	34.46	1:16.42	1:58.60	2:41.65	3:33.94
	(34.46)	(41.96)	(42.18)	(43.05)	(52.29)
				4:25.67	(51.73)
				4:59.75	(34.08)
				5:34.83	(35.08)
Alex Golding (6) M					
38.31S	F # 8A	Male 8 & Under 25 Back	2	---	2.47
32.12S	F # 20A	Male 8 & Under 25 Free	2	---	1.28
Molly Golding (7) F					
56.41S	F # 3A	Female 8 & Under 50 Fly	2	---	3.92
NS	F # 9A	Female 8 & Under 50 Back	---	---	---
	(0.00)	(0.00)	(0.00)	(0.00)	
58.39S	F # 15A	Female 8 & Under 50 Breast	1	---	-4.73
43.71S	F # 21A	Female 8 & Under 50 Free	2	---	0.89
1:46.12S	F # 25A	Female 8 & Under 100 IM	1	---	-3.76
	51.93	1:46.12			
	(51.93)	(54.19)			
Sally Golding (6) F					
30.53S	F # 7A	Female 8 & Under 25 Back	4	---	-0.13
DQ	F # 13A	Female 8 & Under 25 Breast	---	---	---
29.86S	F # 19A	Female 8 & Under 25 Free	4	---	2.92
2:41.88S	F # 25A	Female 8 & Under 100 IM	5	---	---
	1:14.54	2:41.88			
	(1:14.54)	(1:27.34)			
Molly Hayden (12) F					
NS	F # 3C	Female 11-12 50 Fly	---	---	---
52.61S	F # 9C	Female 11-12 50 Back	12	---	-3.21
	21:40.00			52.61	
	(21:40.00)	(1300.00)	(0.00)	(52.61)	
56.15S	F # 15C	Female 11-12 50 Breast	8	---	-7.90
49.27S	F # 21C	Female 11-12 50 Free	13	---	3.98
4:28.90S	F # 27C	Female 11-12 200 IM	11	---	---
	1:10.78	3:30.24		4:28.90	
	(1:10.78)	(2:19.46)	(210.24)	(4:28.90)	

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Time	F/P/S	Event	Place	Points	Improv
Cole Hogg (15) M					
1:04.40S	F # 6C	Male 15-16 100 Fly	3	---	2.08
	30.31	1:04.40			
	(30.31)	(34.09)			
1:08.66S	F # 12C	Male 15-16 100 Back	3	---	1.95
	33.02	1:08.66			
	(33.02)	(35.64)			
1:21.34S	F # 18C	Male 15-16 100 Breast	2	---	1.89
	38.38	1:21.34			
	(38.38)	(42.96)			
56.94S	F # 24C	Male 15-16 100 Free	1	---	1.97
	27.64	56.94			
	(27.64)	(29.30)			
5:14.18S	F # 30C	Male 15-16 400 IM	1	---	14.80
	32.50	1:10.16	1:48.81	2:28.37	3:14.86
	4:02.14	4:38.21	5:14.18		
	(32.50)	(37.66)	(38.65)	(39.56)	(46.49)
				(47.28)	(36.07)
					(35.97)
Kathleen Jenkins (10) F					
39.40S	F # 3B	Female 9-10 50 Fly	2	---	0.04
39.02S	F # 9B	Female 9-10 50 Back	1	---	-0.06
51.23S	F # 15B	Female 9-10 50 Breast	2	---	1.38
35.01S	F # 21B	Female 9-10 50 Free	1	---	0.44
3:12.59S	F # 27B	Female 9-10 200 IM	2	---	-1.20
	42.01	1:29.04	2:29.56	3:12.59	
	(42.01)	(47.03)	(1:00.52)	(43.03)	
Richard Jenkins (18) M					
31.18S	F # 4F	Male 17 & Over 50 Fly	1	---	-0.37
1:07.12S	F # 12D	Male 17 & Over 100 Back	1	---	3.05
	33.36	1:07.12			
	(33.36)	(33.76)			
1:29.57S	F # 18D	Male 17 & Over 100 Breast	1	---	3.78
	41.99	1:29.57			
	(41.99)	(47.58)			
1:01.15S	F # 24D	Male 17 & Over 100 Free	1	---	3.17
	29.00	1:01.15			
	(29.00)	(32.15)			
2:37.78S	F # 28F	Male 17 & Over 200 IM	1	---	10.03
	34.03	1:12.83	2:02.12	2:37.78	
	(34.03)	(38.80)	(49.29)	(35.66)	
Robert Jenkins (16) M					
NS	F # 4E	Male 15-16 50 Fly	---	---	---
NS	F # 10E	Male 15-16 50 Back	---	---	---
NS	F # 16E	Male 15-16 50 Breast	---	---	---
NS	F # 22E	Male 15-16 50 Free	---	---	---
NS	F # 28E	Male 15-16 200 IM	---	---	---
	(0.00)	(0.00)	(0.00)	(0.00)	

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Time	F/P/S	Event	Place	Points	Improv
Kathleen Lamontagne (17) F					
1:28.80S	F # 5D	Female 17 & Over 100 Fly	2	---	3.87
	41.28	1:28.80			
	(41.28)	(47.52)			
1:20.42S	F # 11D	Female 17 & Over 100 Back	1	---	2.17
	39.30	1:20.42			
	(39.30)	(41.12)			
1:32.18S	F # 17D	Female 17 & Over 100 Breast	1	---	0.30
	44.04	1:32.18			
	(44.04)	(48.14)			
1:07.66S	F # 23D	Female 17 & Over 100 Free	1	---	0.24
	32.99	1:07.66			
	(32.99)	(34.67)			
6:06.28S	F # 29D	Female 17 & Over 400 IM	1	---	-0.94
	41.35	1:31.22	2:17.11	3:02.33	3:54.41
	(41.35)	(49.87)	(45.89)	(45.22)	(52.08)
					(51.30)
					(41.05)
					(39.52)
Kerianne Lamontagne (19) F					
39.82S	F # 3F	Female 17 & Over 50 Fly	1	---	---
41.44S	F # 9F	Female 17 & Over 50 Back	1	---	---
43.64S	F # 15F	Female 17 & Over 50 Breast	2	---	---
32.71S	F # 21F	Female 17 & Over 50 Free	1	---	-0.37
3:00.06S	F # 27F	Female 17 & Over 200 IM	1	---	2.67
	40.80	1:27.30	2:18.82	3:00.06	
	(40.80)	(46.50)	(51.52)	(41.24)	
Cary Lee (11) M					
58.51S	F # 10C	Male 11-12 50 Back	2	---	-4.01
1:08.21S	F # 16C	Male 11-12 50 Breast	3	---	---
50.24S	F # 22C	Male 11-12 50 Free	2	---	0.86
Taylor Lee (9) F					
1:10.44S	F # 3B	Female 9-10 50 Fly	4	---	---
59.22S	F # 9B	Female 9-10 50 Back	5	---	---
		59.22			
	(0.00)	(59.22)			
1:01.75S	F # 15B	Female 9-10 50 Breast	5	---	-1.74
49.12S	F # 21B	Female 9-10 50 Free	5	---	1.53
2:06.04S	F # 25C	Female 9-10 100 IM	3	---	5.06
	1:03.91	2:06.04			
	(1:03.91)	(1:02.13)			
Matthew McKee (16) M					
1:10.13S	F # 6C	Male 15-16 100 Fly	5	---	-2.67
	32.45	1:10.13			
	(32.45)	(37.68)			
1:23.75S	F # 12C	Male 15-16 100 Back	7	---	-2.12
	40.71	1:23.75			
	(40.71)	(43.04)			

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1:05.97S	F # 24C	Male 15-16 100 Free	7	---	1.28
	31.27	1:05.97			
	(31.27)	(34.70)			
Abigail Mitchell (17) F					
40.80S	F # 3F	Female 17 & Over 50 Fly	2	---	2.47
42.88S	F # 9F	Female 17 & Over 50 Back	2	---	1.66
40.01S	F # 15F	Female 17 & Over 50 Breast	1	---	0.86
35.41S	F # 21F	Female 17 & Over 50 Free	2	---	2.94
NS	F # 27F	Female 17 & Over 200 IM	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
Danielle Morin (14) F					
1:33.19S	F # 5B	Female 13-14 100 Fly	8	---	-0.05
	42.04	1:33.19			
	(42.04)	(51.15)			
1:26.63S	F # 11B	Female 13-14 100 Back	6	---	-0.51
	41.69	1:26.63			
	(41.69)	(44.94)			
1:39.91S	F # 17B	Female 13-14 100 Breast	6	---	-3.90
	47.96	1:39.91			
	(47.96)	(51.95)			
1:12.93S	F # 23B	Female 13-14 100 Free	5	---	0.96
	34.81	1:12.93			
	(34.81)	(38.12)			
3:08.50S	F # 27D	Female 13-14 200 IM	4	---	2.84
	42.52	1:30.87 2:26.85 3:08.50			
	(42.52)	(48.35) (55.98) (41.65)			
Elizabeth Morin (16) F					
1:30.12S	F # 31A	Female 100 Breast	1	---	2.16
Stephen Muzzey (16) M					
1:03.34S	F # 6C	Male 15-16 100 Fly	1	---	0.44
	29.83	1:03.34			
	(29.83)	(33.51)			
1:17.36S	F # 12C	Male 15-16 100 Back	6	---	7.54
	37.33	1:17.36			
	(37.33)	(40.03)			
1:23.72S	F # 18C	Male 15-16 100 Breast	3	---	1.49
	39.39	1:23.72			
	(39.39)	(44.33)			
1:02.51S	F # 24C	Male 15-16 100 Free	4	---	1.92
	29.94	1:02.51			
	(29.94)	(32.57)			
5:20.74S	F # 30C	Male 15-16 400 IM	2	---	3.18
	31.77	1:08.89 1:52.06 2:35.15 3:21.57 4:08.09 4:44.32 5:20.74			
	(31.77)	(37.12) (43.17) (43.09) (46.42) (46.52) (36.23) (36.42)			
Olivia Neville (9) F					
NS	F # 3B	Female 9-10 50 Fly	---	---	---
NS	F # 9B	Female 9-10 50 Back	---	---	---

Individual Meet Results
MST Pentathlon 05-Jun-10 SC Meters**Location: SNHU, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
NS	F # 15B	Female 9-10 50 Breast	---	---	---
	34.31				
	(34.31)	(34.31) (0.00) (0.00)			
NS	F # 21B	Female 9-10 50 Free	---	---	---
NS	F # 25C	Female 9-10 100 IM	---	---	---
	(0.00)	(0.00)			
Marko Novcic (12) M					
41.30S	F # 4C	Male 11-12 50 Fly	1	---	-9.91
44.68S	F # 10C	Male 11-12 50 Back	1	---	-6.47
47.45S	F # 16C	Male 11-12 50 Breast	1	---	-30.14
35.14S	F # 22C	Male 11-12 50 Free	1	---	-2.42
3:19.68S	F # 28C	Male 11-12 200 IM	2	---	-12.15
	45.29	1:40.10 2:38.56 3:19.68			
	(45.29)	(54.81) (58.46) (41.12)			
Kathryn O'Neil (14) F					
1:30.55S	F # 5B	Female 13-14 100 Fly	6	---	-0.31
	42.78	1:30.55			
	(42.78)	(47.77)			
1:28.91S	F # 11B	Female 13-14 100 Back	9	---	---
	43.74	1:28.91			
	(43.74)	(45.17)			
1:40.62S	F # 17B	Female 13-14 100 Breast	8	---	-1.80
	49.11	1:40.62			
	(49.11)	(51.51)			
1:14.16S	F # 23B	Female 13-14 100 Free	7	---	-7.54
	35.84	1:14.16			
	(35.84)	(38.32)			
3:09.32S	F # 27D	Female 13-14 200 IM	5	---	-4.59
	42.09	1:31.45 2:28.56 3:09.32			
	(42.09)	(49.36) (57.11) (40.76)			
Emily Peach (12) F					
57.26S	F # 3C	Female 11-12 50 Fly	10	---	---
48.16S	F # 9C	Female 11-12 50 Back	10	---	-4.20
51.92S	F # 15C	Female 11-12 50 Breast	6	---	-2.25
39.69S	F # 21C	Female 11-12 50 Free	10	---	0.33
3:44.67S DQ	F # 27C	Female 11-12 200 IM	---	---	---
	1:01.64	1:57.43 2:59.65 3:44.67			
	(1:01.64)	(55.79) (1:02.22) (45.02)			
Taylor Peach (13) M					
1:09.39S	F # 10D	Male 13-14 50 Back	3	---	-12.97
DQ	F # 16D	Male 13-14 50 Breast	---	---	---
53.21S	F # 22D	Male 13-14 50 Free	4	---	0.05
Connor Porcelli (16) M					
NS	F # 12C	Male 15-16 100 Back	---	---	---
	(0.00)	(0.00)			

Individual Meet Results

MST Pentathlon 05-Jun-10 SC Meters

Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
1:32.36S DQ	F # 18C	Male 15-16 100 Breast	---	---	---
	43.62	1:32.36			
	(43.62)	(48.74)			
1:09.61S	F # 24C	Male 15-16 100 Free	8	---	---
	33.05	1:09.61			
	(33.05)	(36.56)			
Lindsey Poremba (14) F					
1:31.23S	F # 5B	Female 13-14 100 Fly	7	---	5.17
	41.52	1:31.23			
	(41.52)	(49.71)			
1:27.49S	F # 11B	Female 13-14 100 Back	7	---	0.37
	43.06	1:27.49			
	(43.06)	(44.43)			
1:40.06S	F # 17B	Female 13-14 100 Breast	7	---	2.77
	47.54	1:40.06			
	(47.54)	(52.52)			
1:15.01S	F # 23B	Female 13-14 100 Free	8	---	3.02
	35.88	1:15.01			
	(35.88)	(39.13)			
3:05.72S	F # 27D	Female 13-14 200 IM	3	---	6.75
	42.55	1:30.37	2:25.16	3:05.72	
	(42.55)	(47.82)	(54.79)	(40.56)	
Megan Poremba (11) F					
1:47.48S DQ	F # 5A	Female 11-12 100 Fly	---	---	---
	48.56	1:47.48			
	(48.56)	(58.92)			
1:34.55S	F # 11A	Female 11-12 100 Back	3	---	-8.60
	46.52	1:34.55			
	(46.52)	(48.03)			
1:57.31S	F # 17A	Female 11-12 100 Breast	3	---	5.09
	54.15	1:57.31			
	(54.15)	(1:03.16)			
1:21.09S	F # 23A	Female 11-12 100 Free	3	---	-2.47
	38.78	1:21.09			
	(38.78)	(42.31)			
3:30.30S	F # 27C	Female 11-12 200 IM	7	---	5.50
	49.62	1:42.65	2:48.37	3:30.30	
	(49.62)	(53.03)	(1:05.72)	(41.93)	
Kayla Poulin (15) F					
1:36.18S	F # 5C	Female 15-16 100 Fly	5	---	-1.63
	42.15	1:36.18			
	(42.15)	(54.03)			
1:34.22S	F # 11C	Female 15-16 100 Back	---	---	-0.07
	1:34.04	1:34.22			
	(1:34.04)	(0.18)			
1:43.63S	F # 17C	Female 15-16 100 Breast	6	---	4.61
	48.31	1:43.63			
	(48.31)	(55.32)			

Individual Meet Results

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Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
1:19.24S	F # 23C	Female 15-16 100 Free	5	---	1.07
	38.44	1:19.24			
	(38.44)	(40.80)			
NS	F # 27E	Female 15-16 200 IM	---	---	---
	(0.00)	(0.00) (0.00) (0.00)			
Alaina Pribis (13) F					
1:22.94S	F # 5B	Female 13-14 100 Fly	4	---	2.06
	37.08	1:22.94			
	(37.08)	(45.86)			
1:21.53S	F # 11B	Female 13-14 100 Back	3	---	1.98
	40.96	1:21.53			
	(40.96)	(40.57)			
1:31.33S	F # 17B	Female 13-14 100 Breast	3	---	1.93
	42.80	1:31.33			
	(42.80)	(48.53)			
1:13.77S	F # 23B	Female 13-14 100 Free	6	---	3.14
	35.26	1:13.77			
	(35.26)	(38.51)			
2:58.67S	F # 27D	Female 13-14 200 IM	2	---	4.30
	41.54	1:27.59	2:18.47	2:58.67	
	(41.54)	(46.05)	(50.88)	(40.20)	
Carter Pribis (16) M					
1:03.55S	F # 6C	Male 15-16 100 Fly	2	---	1.69
	30.52	1:03.55			
	(30.52)	(33.03)			
1:06.50S	F # 12C	Male 15-16 100 Back	1	---	3.70
	32.26	1:06.50			
	(32.26)	(34.24)			
1:20.27S	F # 18C	Male 15-16 100 Breast	1	---	4.78
	37.50	1:20.27			
	(37.50)	(42.77)			
57.66S	F # 24C	Male 15-16 100 Free	2	---	1.47
	27.76	57.66			
	(27.76)	(29.90)			
2:28.40S DQ	F # 28E	Male 15-16 200 IM	---	---	---
	31.72	1:09.83	1:55.94	2:28.40	
	(31.72)	(38.11)	(46.11)	(32.46)	
Karam Sandhu (13) M					
1:32.66S	F # 6B	Male 13-14 100 Fly	1	---	---
	38.73	1:32.66			
	(38.73)	(53.93)			
1:27.45S	F # 12B	Male 13-14 100 Back	1	---	---
	42.24	1:27.45			
	(42.24)	(45.21)			
1:36.48S	F # 18B	Male 13-14 100 Breast	1	---	---
	44.75	1:36.48			
	(44.75)	(51.73)			

Individual Meet Results
MST Pentathlon 05-Jun-10 SC Meters**Location: SNHU, Manchester NH****Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken**

Time	F/P/S	Event	Place	Points	Improv
1:13.24S	F # 24B	Male 13-14 100 Free	1	---	-9.72
	34.85	1:13.24			
	(34.85)	(38.39)			
3:04.92S	F # 28D	Male 13-14 200 IM	2	---	-6.76
	40.56	1:28.72	2:24.82	3:04.92	
	(40.56)	(48.16)	(56.10)	(40.10)	
Neelam Sandhu (11) F					
49.41S	F # 3C	Female 11-12 50 Fly	8	---	-1.80
48.09S	F # 9C	Female 11-12 50 Back	9	---	-5.25
52.60S	F # 15C	Female 11-12 50 Breast	7	---	-4.55
39.78S	F # 21C	Female 11-12 50 Free	11	---	1.58
3:47.40S	F # 27C	Female 11-12 200 IM	9	---	-18.22
	52.43	1:53.46	2:55.94	3:47.40	
	(52.43)	(1:01.03)	(1:02.48)	(51.46)	
Rachel Tate-Cohen (8) F					
DQ	F # 3A	Female 8 & Under 50 Fly	---	---	---
	29.56				
	(29.56)	(29.56)	(0.00)	(0.00)	
1:13.19S	F # 9A	Female 8 & Under 50 Back	2	---	---
				1:13.19	
	(0.00)	(0.00)	(0.00)	(1:13.19)	
1:34.53S	DQ	F # 15A	Female 8 & Under 50 Breast	---	---
	DNF	F # 21A	Female 8 & Under 50 Free	---	---
Noelle Theodoulou (11) F					
37.71S	F # 3C	Female 11-12 50 Fly	5	---	-1.51
41.25S	F # 9C	Female 11-12 50 Back	5	---	-0.88
33.23S	F # 21C	Female 11-12 50 Free	3	---	-2.98
Kaitlin Turmel (9) F					
57.29S	F # 3B	Female 9-10 50 Fly	---	---	---
				57.29	
	(0.00)	(0.00)	(0.00)	(57.29)	
54.79S	F # 9B	Female 9-10 50 Back	3	---	4.29
1:01.15S	F # 15B	Female 9-10 50 Breast	4	---	-1.40
43.69S	F # 21B	Female 9-10 50 Free	3	---	-0.30
4:11.49S	DQ	F # 27B	Female 9-10 200 IM	---	---
	1:01.49	2:06.05	3:18.51	4:11.49	
	(1:01.49)	(1:04.56)	(1:12.46)	(52.98)	
Alana Westwater (16) F					
33.84S	F # 3E	Female 15-16 50 Fly	2	---	---
1:15.89S	F # 11C	Female 15-16 100 Back	3	---	0.72
	35.77	1:15.89			
	(35.77)	(40.12)			
1:35.27S	F # 17C	Female 15-16 100 Breast	5	---	-1.12
	45.32	1:35.27			
	(45.32)	(49.95)			

Individual Meet Results

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Location: SNHU, Manchester NH

Manchester Swim Team [MST-NE] Coach: Steve Van Der Beken

Time	F/P/S	Event	Place	Points	Improv
1:07.64S	F # 23C	Female 15-16 100 Free	2	---	1.98
	32.15	1:07.64			
	(32.15)	(35.49)			
2:51.13S	F # 27E	Female 15-16 200 IM	1	---	---
	36.38	1:18.40 2:13.17 2:51.13			
	(36.38)	(42.02) (54.77) (37.96)			
Kaelin Willette (13) F					
1:28.58S	F # 5B	Female 13-14 100 Fly	5	---	-1.70
	39.90	1:28.58			
	(39.90)	(48.68)			
1:22.38S	F # 11B	Female 13-14 100 Back	4	---	0.31
	40.06	1:22.38			
	(40.06)	(42.32)			
1:37.62S	F # 17B	Female 13-14 100 Breast	5	---	1.98
	46.06	1:37.62			
	(46.06)	(51.56)			
1:11.39S	F # 23B	Female 13-14 100 Free	4	---	1.31
	34.12	1:11.39			
	(34.12)	(37.27)			
2:56.78S	F # 27D	Female 13-14 200 IM	1	---	-11.19
	37.27	1:22.82 2:17.42 2:56.78			
	(37.27)	(45.55) (54.60) (39.36)			
Olivia Wons (15) F					
33.73S	F # 3E	Female 15-16 50 Fly	1	---	---
1:15.31S	F # 11C	Female 15-16 100 Back	2	---	0.33
	35.88	1:15.31			
	(35.88)	(39.43)			
1:32.40S	F # 17C	Female 15-16 100 Breast	4	---	-0.39
	44.10	1:32.40			
	(44.10)	(48.30)			